



Past Simple vs. Past Continuous

Let's Practice!

Different times,
same stories! 😊

1 Choose the correct option.

- My mum **was making** / **made** a cake when the doorbell **was ringing** / **rang**.
- We **were travelling** / **travelled** to Córdoba when it **started** / **was starting** to rain.
- While I **was walking** / **walked** to school, I **saw** / **was seeing** my best friend.
- They **were having** / **had** lunch when the lights **went** / **were going** out.
- He **was playing** / **played** the guitar while his sister **was doing** / **did** her homework.
- I **was watching** / **watched** a movie when my phone **rang** / **was ringing**.



2 Complete the sentences with the correct form of the verbs in brackets.

- She _____ (read) a book when her mum _____ (come) home.
- We _____ (not play) football while it _____ (rain).
- When I _____ (arrive) at the party, my friends _____ (dance).
- He _____ (fall) off his bike while he _____ (ride) down the hill.
- They _____ (cook) dinner when the power _____ (go) out.
- I _____ (lose) my wallet while I _____ (look) for my keys.

Good Practice!



3 Read the sentences and choose **WHEN** or **WHILE**.

- I was listening to music _____ my brother came into the room.
- _____ we were on holiday, we visited a lot of interesting places.
- She was having a shower _____ the phone rang.
- _____ the match was starting, it began to rain.
- They were eating dinner _____ there was a loud noise.
- _____ I was walking home, I saw an old friend.

WHEN

WHILE

WHEN

WHILE

WHEN

WHILE

WHEN

WHILE

WHEN

WHILE

WHEN

WHILE

Drag and drop
the correct word!

4 Make sentences using Past Simple + Past Continuous.

Use the prompts to write complete sentences.



text a friend / the phone ring

b.



drive to the city / see an accident

c.



go for a walk / it start to rain

d.



have dinner / the power go out

e.



study / my mum call me

f.



wait for the bus / meet a tourist

You can do it! 💖

Keep practicing
and make progress!