Health & Body

Match the words with the correct definition.

1	 breathe	◯	A To take air in and out of your lungs.
2	 cough	◯	B To force air out of your throat or lungs suddenly.
3	 energy	◯	C The strength you need to do things.
4	 shot	◯	D A medicine given with a needle.
5	 sneeze	◯	E To suddenly push air out through your nose and mouth.
6	 weak	◯	F Not having much strength.
7	 virus	◯	G A very small thing that can make you sick.
8	 treat	◯	H To give someone medicine or care when they are sick.
9	 protect	◯	I To keep someone or something safe from danger or harm.
10	 energy	◯	J The strength you need to do things.
11	 disease	◯	K An illness that affects your body.
12	 heartbeat	◯	L The regular movement of your heart as it pumps blood.

Stay healthy, stay strong!

LIVEWORKSHEETS