

LEVEL 5 – ONLINE LISTENING WORKSHEET

UNIT 3 – MILESTONES

Adolescence & Emerging Adulthood

Student 1: _____ Student 2: _____

YOUR GOAL

Listen for the main idea and specific information in a lecture about adolescence and emerging adulthood, and discuss the speaker's ideas with a partner.

STEP 1 – BEFORE LISTENING

Think about different periods in your life. Answer the questions briefly.

1. When do you think childhood ends and adolescence begins?

2. What about adolescence? When does adolescence end and adulthood begin?

STEP 2 – VOCABULARY CHECK

Review these words from the lesson. Then complete the sentences.

grow up	emerging	adolescence	dependent	adolescent
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1. A young person between childhood and adulthood can be described as an _____.

2. The period between childhood and adulthood is called _____.

3. If you need your parents' money or support, you are _____ on them.

4. To become older and develop into an adult means to _____.

STEP 3 – FIRST LISTENING

Listen for the main idea. What would be the best title for the lecture?

- ☐ a. Adulthood May Begin Later than You Think
- ☐ b. The Social Reasons for Putting Off Adulthood
- ☐ c. Today's Adolescents Don't Want to Grow Up

STEP 4 – SECOND LISTENING 🔍

Listen for specific information.

What did doctors use to think about the beginning of adulthood? What do some doctors think now? Listen and select the correct ages.

	In the past				Now			
When adulthood begins	19	20	22	25	19	20	22	25

Listen and circle the items below that you hear. Then write each **letter** under the correct heading (In the past or Now)

- A. get married younger
- B. put off getting married
- C. dependent on parents for money
- D. move out
- E. move back home
- F. have children later
- G. stay at home longer

	In the past	Now
Social issues		

STEP 5 – LISTEN AGAIN & CHECK 💰

Listen again. Write T (True) or F (False).

1. In the past, doctors described adolescence as happening between the ages of 10 and 19. _____
2. Dr. Nava Sifton believes adolescence ends at about age 20. _____
3. Young adults today are getting married and having children later than in the past. _____
4. Many young adults today are completely independent from their parents. _____
5. The brain in many people fully develops by the age of 20. _____
6. Emerging adulthood describes the period roughly between ages 18 and 29. _____

STEP 6 – FINAL REFLECTION ✨

Work with a partner. Then discuss the questions below.

1. Which idea from the lecture surprised you the most? Why?

2. Do you think young adults today become independent later than in the past? Why or why not?

3. Do you consider yourself an “emerging adult”? Why or why not?

4. What is one responsibility that makes you feel more like an adult?
