LOOKING BACK

TEST 2



2. LANGUAGE

Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.

1. Teens should learn to _____ conflicts appropriately to maintain healthy relationships.
   A. resolve B. delay C. concentrate D. accomplish
2. Prioritizing sleep is crucial; don't _____ bedtime due to distractions.
   A. concentrate B. accomplish C. delay D. resolve
3. Being _____ helps teens recognize their emotions and cope with stress.
   A. self-disciplined B. stressed out
   C. self-aware D. well-balanced
4. A positive _____ contributes to overall well-being.
   A. mood B. independence C. priority D. due date
5. Set a _____ for completing school projects to avoid last-minute stress.
   A. distraction B. due date C. counsellor D. assignment
6. _____ is a critical stage of development when teens transition from childhood to adulthood.
   A. Counsellor B. Adolescence C. Distraction D. Priority
7. Regular exercise is essential for maintaining _____ health and preventing obesity.
   A. physical B. fattening C. additional D. stressed out
8. To _____ stress, consider talking to a school counselor or seeking professional help.
   A. delay B. minimize C. attract D. accomplish
9. Setting a _____ for completing assignments helps manage time effectively.
   A. anxiety B. mood C. deadline D. distraction
10. Avoid _____ foods like sugary snacks and opt for nutritious options instead.
    A. appropriate B. additional C. optimistic D. fattening
11. Staying _____ means maintaining a healthy mix of physical activity, social interactions, and rest.
    A. well-balanced B. stressed out C. self-disciplined
12. An additional benefit of exercise is improved mood and reduced _____.
    A. due date B. anxiety C. task D. assignment

LIVEWORKSHEETS

2. LANGUAGE

13 A _____ can provide guidance on academic and emotional matters.
A. accomplishment B. adolescence C. adulthood D. counsellor

14 Prioritize tasks to _____ them efficiently.
A. raise B. accomplish C. minimize D. delay

15 A _____ approach to eating helps maintain a healthy weight.
A. self-aware B. beautiful C. stressed out D. self-disciplined

16 Don't let academic pressures leave you feeling _____.
A. fattening B. stressed out C. happy D. optimistic

17 Stay _____ even during challenging times; a positive mindset is essential.
A. frustrated B. physical C. optimistic D. relaxed

18 Avoid _____ like excessive screen time when studying.
A. moods B. priorities C. distractions D. due dates

19 Regular exercise has both physical and _____ health benefits.
A. mental B. embarrassed C. optimistic D. fattening

20 If it snows tomorrow, we _____ have to cancel our outdoor event.
A. can B. may C. must D. should

21 If you enroll in our intensive Spanish class, you _____ speak this language fluently after two months.
A. can B. should C. must D. need

22 If you want to pass the driving test, you _____ study harder and practise more regularly.
A. may B. will C. must D. might

23 If it's a private event, you _____ attend without an invitation.
A. shouldn't B. mustn't C. may not D. needn't

24 If you want to stay healthy, you _____ eat too much junk food.
A. shouldn't B. needn't C. can't D. might not

25 If they start saving money from now, they _____ afford to go to Ha Long Bay on holiday.
A. should B. need C. can D. must

26 If I get the job offer today, I _____ accept it and start working on Monday.
A. should B. might C. must D. will

27 If you want to enhance your well-being, you _____ stay up too late.
A. needn't B. may not C. might not D. shouldn't

28 If you don't charge the battery, your device _____ function properly.
A. mustn't B. can't C. shouldn't D. needn't

29 If you want to travel to Australia, you _____ have a valid passport.
A. should B. may C. can D. must

30 If they want to graduate, they _____ complete all the required coursework.
A. must B. should C. can D. might

31 If we don't book our tickets in advance, we _____ guarantee seats for the concert.
A. shouldn't B. mustn't C. can't D. might not

32 If you want to have a productive meeting, you _____ carefully make a plan and set clear goals.
A. can B. might C. must D. may

33 If the traffic is heavy, we _____ make it to the movie theater before the show starts.
A. needn't B. shouldn't C. might not D. mustn't

34 If you want to sleep well at night, you _____ drink too much caffeine after 3 p.m.
A. shouldn't B. may not C. can't D. mustn't

LIVEWORKSHEETS