UNIT 3

LOOKING BACK

TEST 1



1 Choose the word whose underlined part differs from the others.

1	A. physical	B. minimise	C. priority	D. deadline
2	A. apartment	B. garbage	C. paragraph	D. attraction
3	A. accomplish	B. additional	C. anxiety	D. assignment
4	A. head	B. bread	C. leave	D. instead

2 Choose the best answer.

1. The announcement from the _____ brought back memories of school days.
   A. loudspeaker B. radio C. television D. computer
2. The aroma of food from the _____ reminded me of my childhood.
   A. street vendors B. electricians C. doctors D. shoppers
3. Walking _____ on the beach brought back a sense of carefree summers.
   A. by bus B. riding a horse C. barefoot D. by bicycle
4. Respect for elders is a _____ value in our culture.
   A. giving B. deep-rooted C. customary D. popular
5. We are proud of our rich cultural _____.
   A. heritage B. traditional C. customary D. traditions
6. Each _____ passes down stories and traditions to the next.
   A. country B. ancestor C. generation D. ancestor-worship
7. The ceremony involved _____ at the ancestral altar.
   A. pray B. tradition C. worshipping D. preserving
8. The smell of _____ took me back to seaside holidays.
   A. fish and chips B. meals C. main course D. serving
9. Grandma's kitchen was filled with delicious _____ and the warmth of family.
   A. meat B. dishes C. drinks D. ingredients
10. The recipe called for fresh, local _____.
    A. ingredients B. foods C. wooden spoon D. dessert
11. Many _____ are passed down through generations.
    A. dishes B. street food C. drinks D. traditions
12. We explored the flavors of the local _____ during our travels.
    A. breakfast B. sausage C. cuisine D. meal
13. A feeling of nostalgia _____ as I looked through old photographs.
    A. begin B. appeared C. finished D. disappeared
14. The house was _____ but filled with happy memories.
    A. dessert B. starter C. full D. basic
15. We gathered to _____ our shared cultural heritage.
    A. gets B. becoming C. celebrate D. going
16. The ancient _____ stood as a reminder of a bygone era.
    A. house B. accommodation C. ceremony D. temple
17. The majestic _____ overlooked the town, steeped in history.
    A. castle B. construction C. structure D. architecture
18. The historical _____ housed artifacts from centuries past.
    A. association B. assembly C. concentration D. complex
19. The ancient _____ stood as silent witnesses to the passage of time.
    A. monuments B. buildings C. towers D. piles
20. The _____ of historical sites allows us to connect with our ancestors.
    A. safety B. preservation C. storage D. restoration

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3 Use the words provided in brackets in their correct forms to complete the sentences.



1. Jogging is a popular activity to maintain _____ health among young people nowadays. (physically)
2. We have to complete different kinds of _____ at the end of this semester. (assign)
3. Don't hesitate to ask for _____ support from your teacher and friends. (add)



4 Choose the correct option A, B, C, or D to fill in each blank in the following passage.

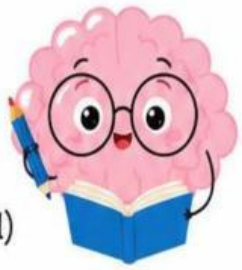


We can manage our time effectively by (1) ____ some of these strategies. Firstly, it is important to (2) _____ clear and realistic goals and prioritise tasks accordingly. This means that you must identify (3) _____ is the most important and urgent and allocate time and resources (4) _____. Next, creating a schedule or to-do list can be helpful in staying (5) _____ track and ensuring that all tasks are completed within the time allotted.

1	A. making	B. following	C. doing	D. working
2	A. achieve	B. get	C. reach	D. set
3	A. what	B. who	C. when	D. where
4	A. according	B. accordingly	C. accord	D. accordance
5	A. up	B. off	C. on	D. in

3 Write the correct form of the word in brackets.

1. Prioritizing moments of _____, like practicing mindfulness or taking breaks, supports mental health. (relax)
2. Attempts are being made to _____ the problem of security in schools. (resolved)
3. Encouraging an _____ approach to making nutritious food choices helps teens develop lifelong habits. (depend)
4. To improve focus and _____, consider creating a quiet study space free from distractions. (concentrate)



LIVEWORKSHEETS

4 Look at the sign or the notice. Choose the best answer (A, B, C or D) for these questions.

1.



A. Do not wear sunglasses here.
B. Sunglasses are not good for you.
C. Keep calm and wear cute glasses.
D. Sunglasses are permitted here.

2.



A. Long hair, tie and necklace – not necessary.
B. Loose clothing and loose hair prohibited.
C. Do not wear valuable things.
D. Your appearance – not important.

5

It's important to acknowledge that stress is a normal part of life, (1) _____ it's vital to learn healthy ways to manage it. Talking to trusted (2) _____, like a parent, teacher, or counselor, can be a great way to receive support and guidance.

Finding healthy outlets for stress is (3) _____. Regular exercise, spending time in nature, listening to calming music, or pursuing creative hobbies can all be (4) _____ coping mechanisms.

Learning healthy sleep hygiene and maintaining a (5) _____ diet can also significantly impact stress levels. Finally, remember to be kind to yourself. Don't be afraid to ask for help and prioritize your well- being.

1	A. so	B. but	C. therefore	D. however
2	A. adult	B. men	C. infant	D. adolescent
3	A. low	B. dependent	C. light	D. crucial
4	A. helpful	B. helpless	C. hopeful	D. hopeless
5	A. fair	B. balanced	C. equalized	D. delicious

6 Combine the sentence using the modals with "if".

1. You don't want to be late for the meeting. You take a taxi. (ought to)
   (If _____)
2. You enter the stadium. You have a ticket. (can)
   (If _____)
3. "I've just finished my homework", Tina said.
   (If _____)
4. I don't normally have coffee for breakfast.
   (I am not used _____)



LIVEWORKSHEETS