

UNIT 1: LEISURE TIME

LESSON 5: SKILLS 1

Mini test | Name: _____

| Class: _____

| Score: _____

READING

Fill in each blank in the email with a suitable word from the box.

best	tell	become	books	elderly	What	neighbourhood	doing
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Dear Nick,

I'm so happy to receive your email. Now I'm going to (1) _____ leisure activities.

It may sound strange, but the leisure activity I like (2) _____ is about my is volunteering. There is a volunteer club in my (3) _____. Last year I took part in one of its programmes. I really enjoyed the activities, so I decided to (4) _____ a member. Our volunteer club mostly helps the (5) _____ in our neighbourhood. We go to their homes and help them with their housework.

We also talk and read (6) _____ to them. Besides volunteering, I also love drawing and (7) _____ DIY. I can make paper flowers and flower vases from used bottles. (8) _____ about you? What do you like doing in your free time? Tell me.

Best wishes,

Minh

Read the passage and then decide whether the sentences are True (T) or False (F)

A hobby is a regular activity that is done for enjoyment, typically during one's leisure time. Hobbies can include collecting themed items and objects, engaging in creative and pursuit of art, playing sports, or pursuing other entertainment. By continually participating in a particular hobby, one can acquire remarkable skill and knowledge in that area. Hobby is something that a person develops from childhood, more specifically during primary school, to late life. We can never predict when we develop interests in new things and have a similar towards it.

In this busy daily schedule, we all get so busy in our life routine that sometimes we forget to give out time for our hobbies. Engaging in a hobby is actually good for a sound health. We all need a time of leisure for ourselves, and that particular time is when we like to do something that gives us fun.

(Source: Adapted from Tip Top Lifestyle)

Statements	T	F
1. A hobby is often done in one's free time.		
2. People can gain skills and knowledge through taking up a hobby.		
3. A hobby is mostly developed from the age of two to three.		
4. It's difficult to predict one's new hobby development.		
5. Involving in a hobby negatively affects one's health.		

Read the following passage and choose the option (A, B, C or B) that best answers each of the questions below.

One of the most obvious negative aspects of social networking is losing face-to-face contact with other people. Teens are sitting around with their phone in their hands all day long, tapping messages onto screens instead of communicating with real people. Many teenagers feel more comfortable with virtual friends than with real ones. The majority think that it is easier to chat on the Internet because they lack communication skills.

It is also true that parents often have no knowledge about what their kids do with their phones or computer. Crosby says that "While kids are plugged in to social media, only about 40% of parents are involved themselves." And because parents don't know the full picture, they also don't know how to deal with a teenager's potential overuse of social media and might not even be aware that a problem exists. Therefore, social networking can be much more immediately engaging with the teenager's life than parents are, and this fact makes virtual communication feels more "real" than face-to-face communication.

(Source: Adapted from We have kids)

1. What is the main idea of the passage?

A. Parents should use social networks more to understand their children.

B. Students are using social networks too much.

- C. Social networking brings negative effects to student's face-to-face communication.
 D. Virtual life is easier than real life.
2. What do most teenagers think about chatting on the Internet?
 A. Chatting on the Internet is easier than talking with real people.
 B. Chatting on the Internet is more difficult than talking with real people.
 C. Chatting on the Internet is funnier than talking with real people.
 D. Chatting on the Internet is more boring than talking with real people.
3. The percentage of 40% refers to?
 A. The number of parents who let their children use social media.
 B. The number of parents who do not want their children to use media.
 C. The number of parents who use social media.
 D. The number of parents who do not use social media.
4. Which sentence is NOT TRUE according to the passage?
 A. The majority of teenagers find it easier to communicate with virtual friend.
 B. The majority of teenagers lacks communication skill.
 C. The majority of parents know how to use social media with their children.
 D. The majority of parents do not know how to deal with their children overuse of social media.
5. Which of the following best explains the word "overuse" in the passage?
 A. using something overnight. B. using something too much.
 C. using something without thinking. D. using something with carelessness.

Choose the correct answer to fill in each blank in the following passage.

There are a lot of pastimes that young people like, and one of (1) _____ is mountain climbing. It is an active leisure activity that people can do either indoors or outdoors. If you go climbing outdoors, it is a great way to (2) _____ your strength and enjoy nature at the same time. You can even set up your own climbing wall in your backyard or (3) _____ your home. This way you don't have to go out and still can (4) _____ fit and enjoy the activity. So how can you start mountain climbing? Many people take a class to learn how to climb and use their equipment (5) _____. Others join climbing clubs to make new friends with the same interest and go climbing together. If you are an active person and like outdoor activities, (6) _____ don't you try this activity?

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|-----------------|-----------|----------------|------------------|
| 1. A. them | B. they | C. theirs | D. their |
| 2. A. decrease | B. reduce | C. increase | D. raise |
| 3. A. indoor | B. inside | C. within | D. among |
| 4. A. keep | B. stay | C. go | D. give |
| 5. A. effective | B. effect | C. effectively | D. effectiveness |
| 6. A. what | B. when | C. how | D. why |

SPEAKING

Talk about leisure activities with family.

You can use the following questions as cues:

- What do you like to do in your leisure time?
- How often do you do this activity?
- Who do you do this activity with?
- What do you need to do on this activity?
- What are its benefits?

Useful languages:

Useful vocabulary	Useful structures
• leisure, leisure time, leisure activity • knitting kit, do puzzle, surf the net, message friends, cooking, home-made, origami, relax, snowboarding, improve, ... • be fond of, be keen on, be crazy about, be interested in, be into, ...	• I'm into ... • I usually do this ... once a week/month. • I do ... with my ... • For this activity, ... be needed. • It has so many benefits, for example ...