

EXTREME SPORTS

Read and MATCH the Main idea (M) supporting idea 1 (S1), Supporting idea 2 (S 2) and closing sentence CS - USING LINES

CS	Extreme sports are physical activities that involve high risk and a lot of excitement.
S2	Examples include bungee jumping and sky diving and mountain biking.
S1	They focus on personal challenge, thrill and achievement.
M1	Although risky , extreme sports are popular because of technology , and media coverage

S2	Some Popular extreme sports such as skydiving, rock climbing, BMX biking and white-water rafting need special skills and equipment.
M1	Rock climbers need strength and balance, while snowboarders need speed, control and creativity.
CS	Athletes train hard, wear protective gear, and learn from experienced mentors.
S1	Better equipment, like lighter helmets , has made these sports safer over the years. Thus, extreme sports require special equipment and test an athlete' s skill.

Require: Need (memerlukan)

MATCH THE SITUATION TO THE COMMON EXPRESSION

Common Expression	Situation
I'm really into football.	You talk about a sport you like to play.
I'm a big fan of Messi.	You directly name the sport you like best.
I enjoy watching cricket.	You express strong excitement for rugby.
I prefer basketball over football.	You politely say you like watching cricket.
My favorite sport is tennis.	You explain which sport you like more.
I love playing badminton.	You want to say you like football a lot in a casual way.
I can't get enough of rugby.	You admire a specific player or athlete.

Student task: Match each common expression with the correct situation.

MATCH and **Choose a correct answer.**

1 Juan should gobecause he loves to study the oceans.

D

A diving	B swimming	C cycling
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2. Inga has been doing snow sports. She ought to try.....in order to explore the countryside.

A Paddleboarding	B Cycling	C handball
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3. Mario wants to meet people his age and he is good at basketball and football
He could either take up

4. Nigel is shy and isn' t interested in sports so he could take upin order to keep fit.

A Skurfing	B Paddle boarding	C handball	D skating
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5. Cheryl wants to do something that will push her body. She should try.....

A Skurfing	B Paddle boarding	C handball	D skating
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A Complete the table with the sports below. (Go to page 72)

Example: Go swimming

go	play	do
<i>swimming</i>		

