



Read this. Choose a word from the box. Fill in the blanks. There is one example.

Lily's Week



My name is Lily and I am eight years old. On Mondays, I go (1) _____ at the swimming pool. On Tuesdays, I play (2) _____ with my tennis racquet. On Wednesdays, I (3) _____ pretty pictures with my crayons. On Thursdays, I play games on my (4) _____. On Fridays, I (5) _____ with my classmates in the music room. I have a very busy week, but I have lots of fun too!

Example

8

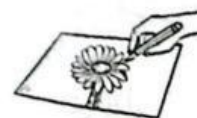
eight



computer



swimming



draw



sing



TV



tennis



book

Practice 2



minutes [/ 5 marks]

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Tom's Healthy Habits



Tom is a happy and healthy _____ boy _____. He does sport to stay strong. On Mondays, he plays (1) _____ with his friends. On Saturdays, he swims at the pool. Tom also eats healthy food. He eats fruit and (2) _____ every day. His favourite fruit is an (3) _____ and he likes carrots too. He drinks lots of (4) _____ and does not eat too many sweets. Tom (5) _____ early every night. He goes to bed at nine o'clock. Good sleep, healthy food and sport help Tom stay strong and happy.

Example



boy



apple



sleeps



vegetables



football



soda



dance



water