Tiếng Anh 11

Unit 1: A long & healthy life

WORD	PRONUNCIATION	MEANING
antibiotic (n)	/ˌæntɪbaɪˈɒtɪk/	
bacteria (n)	/bækˈtɪərɪə/	
balanced (adj)	/ˈbælənst/	
cookbook (n)	/ˈkʊkbʊk/	
cut down on	/ˌkʌt ˈdaʊn ɒn/	
diameter (n)	/daɪˈæmɪtə/	
disease (n)	/dɪˈziːz/	
energy (n)	/ˈenədʒi/	
enquire (v)	/ɪnˈkwaɪə/	
examine (v)	/ɪgˈzæmɪn/	
fitness (n)	/ˈfɪtnəs/	
food poisoning (n)	/ˈfuːd pɔɪzənɪŋ/	
germ (n)	/dʒɜːm/	
give up	/gɪv ˈʌp /	
illness (n)	/ˈɪlnəs/	
infection (n)	/ɪnˈfekʃn/	
ingredient (n)	/ɪnˈgriːdiənt/	
life expectancy (n)	/ˈlaɪf ɪkspektənsi/	

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muscle (n)	/ˈmʌsl/	
nutrient (n)	/ˈnjuːtriənt/	
organism (n)	/ˈɔːgənɪzəm/	
press-up (n)	/ˈpres ʌp/	
properly (adv)	/ˈprɒpəli/	
recipe (n)	/ˈresəpi/	
regular (adj)	/ˈreɡjələ/	
spread (n)	/spred/	
star jump (np)	/ˈstɑː ˌdʒʌmp/	
strength (n)	/streŋθ/	
suffer (v)	/ˈsʌfə/	
treatment (n)	/ˈtriːtmənt/	
tuberculosis (n)	/tʃuːˌbɜːkjuˈləʊsɪs/	
virus (n)	/ˈvaɪrəs/	
work out	/ˌwɜːk ˈaʊt/	

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