

## Listening

**1**  **UT Track 3** Listen to Laura talking to her friend Ed about the weekend. Decide if the sentences are true (A) or false (B).

- 1 Ed's family went to a restaurant for his grandma's birthday.  
A True                                      B False
- 2 Ed ordered six different dishes.  
A True                                      B False
- 3 Laura ate with her mum and dad.  
A True                                      B False
- 4 Not all the waiters are Spanish in the restaurant Ed went to.  
A True                                      B False
- 5 Ed knows a little bit of Spanish.  
A True                                      B False

**3** Complete the sentences using the correct form of the verbs in brackets.

- 1 When \_\_\_\_\_ (you / learn) to cook?  
I \_\_\_\_\_ (start) learning when I was about 10 years old.
- 2 What \_\_\_\_\_ (you / like) watching on TV when you were young?  
Nothing. I \_\_\_\_\_ (not watch) television when I was young.
- 3 Who \_\_\_\_\_ (Lisa / play) volleyball with yesterday?  
She \_\_\_\_\_ (play) with Jamilia, Karen and Natalia.
- 4 Why \_\_\_\_\_ (your mum / bake) all these cakes?  
She \_\_\_\_\_ (bake) them for my brother's birthday party.
- 5 What \_\_\_\_\_ (Ben and Tom / do) last night?  
They \_\_\_\_\_ (practise) with their band.

**2**  **UT Track 3** Listen again. For each question, choose the correct answer (A, B or C).

- 1 What kind of food did Ed's family eat?  
A Italian  
B Chinese  
C Spanish
- 2 How many different things did Ed try?  
A 3  
B 6  
C 18
- 3 What did Laura eat?  
A spaghetti and eggs  
B bread and jam  
C a burger
- 4 All the waiters in the restaurant  
A are from Barcelona.  
B are Spanish.  
C can speak Spanish.
- 5 When Ed was in the restaurant he  
A tried speaking Spanish.  
B spoke only in Spanish.  
C spoke only in English.

**4** Complete the sentences with the correct form (past continuous or past simple) of the verbs in brackets.

- 1 We \_\_\_\_\_ (help) the woman when the ambulance \_\_\_\_\_ (arrive).
- 2 When the man \_\_\_\_\_ (come) home, his dog \_\_\_\_\_ (eat) the newspaper.
- 3 While we \_\_\_\_\_ (sit) on the plane, the pilot \_\_\_\_\_ (say) take off was delayed.
- 4 I \_\_\_\_\_ (not, look) at the road and my bike \_\_\_\_\_ (hit) the car in front.
- 5 She \_\_\_\_\_ (wait) at the train station when there \_\_\_\_\_ (be) a bad rainstorm.

**5 Complete the food words with one letter in each gap. Some letters are given.**

Vegetables: (1) o \_ i \_ \_ s

Fruit: (2) s \_ \_ \_ w \_ \_ r \_ \_ \_

Dairy: (3) y \_ \_ h \_ \_ \_ , (4) c \_ e \_ s \_

Meat: (5) b \_ e \_

Carbohydrates: (6) p \_ \_ t \_

Other: (7) v \_ \_ \_ g \_ r

**7 Choose the correct words to complete the sentences.**

- 1 We **went** / **set** into their house through the back door.
- 2 To get to the restaurant you need to **turn** / **set** off at the traffic lights.
- 3 I can pick you **off** / **up** at 7 pm from the corner of your road.
- 4 He **set** / **turned** off at 6 am, but he was still late.
- 5 My friend said 'come **in** / **up**' when we arrived at her house.
- 6 The plane was delayed taking **up** / **off** – we had to wait an hour.

**6 Use one word from box A and one word from box B to complete the sentences. There is one extra word in each box.**

**A** car | driving | helicopter | petrol  
sailing | ticket | tour | traffic

**B** boat | guide | licence | machine  
news | park | ride | station

- 1 We stopped at a \_ \_ \_ \_ \_ to fill up the car and check the tires.
- 2 They asked to see his \_ \_ \_ \_ \_ when he hired a car.
- 3 The online \_ \_ \_ \_ \_ said there are a lot of cars on the roads today so we are going to travel tomorrow.
- 4 The \_ \_ \_ \_ \_ in town is usually really busy so it's easier to walk or get the bus.
- 5 When we were travelling in Asia, we had a really friendly \_ \_ \_ \_ \_ . She gave us lots of interesting information.
- 6 The \_ \_ \_ \_ \_ at the station wasn't working, so I bought one from the ticket office.
- 7 The best way to get to the island is to take a trip on a \_ \_ \_ \_ \_ .

## Making school dinners healthier

In Britain, a lot of students eat lunch (1) \_\_\_\_\_ school. The food is often not very healthy. Some years ago, a famous chef, Jamie Oliver, decided to try to make school dinners better. He made a TV series called *Jamie's School Dinners* and these programmes showed what he did in the schools.

First, he (2) \_\_\_\_\_ to Kidbrooke School in London. The head dinner lady, Nora, told Jamie that she had 37p to spend on each child every day. Jamie also found that the children liked unhealthy food (3) \_\_\_\_\_ chips. Jamie's ideas were expensive, difficult to cook and unpopular. It wasn't easy to change the school dinners. To help the dinner ladies, Jamie showed them how

to cook very big meals easily and quickly. Jamie then showed the students (4) \_\_\_\_\_ fast food is unhealthy. They saw exactly what was in the food they liked. He also took them into the kitchen to learn about cooking. Then he asked the government to spend more money on school dinners.

After the TV series, Jamie started an idea called 'Feed Me Better' to make everyone understand why healthy meals are important. Nora also wrote a book called *Nora's Dinners* with simple, healthy ideas in it for families. (5) \_\_\_\_\_ lot of people were interested, but fast food is still very popular in schools and at home. However, Jamie hopes that things will change one day.

### 8 Read the text and answer the questions.

1 Who is Jamie Oliver?

He is a \_\_\_\_\_.

2 Where is Kidbrooke School?

It is \_\_\_\_\_.

3 How much money did Nora have to spend for each child?

She had \_\_\_\_\_ a day.

4 Where did Jamie take the students?

He took them into \_\_\_\_\_.

5 What was Nora's book called?

It was called \_\_\_\_\_.

### 9 Read the text again and choose the correct words (A, B or C) for each space.

1 A on B at C for

2 A went B goes C go

3 A as B like C example

4 A why B when C where

5 A The B Some C A

\_\_\_/5