

Let's listen,
understand,
and learn!



LISTENING WORKSHEET

Listening
is the key to
understanding!

DAILY ROUTINE

EMILY & PAUL

Listen carefully and complete the tasks.
Enjoy learning English! ♥

SCAN ME!



Scan the QR code
to listen to the video
and complete
the worksheet!

GRADE
8



- ✓ Listen
- ✓ Understand
- ✓ Learn
- ✓ Enjoy!

Name : _____

Class : _____

Date : _____



Every day is a new chance
to learn something new.





DAILY ROUTINE

EMILY & PAUL

GRADE
8SKILL
ListeningGRAMMAR FOCUS
Simple Present TenseVIDEO PART
00:00–03:36

Emily and Paul talk about their daily routines.
Listen carefully and do the tasks.
Don't forget to like, subscribe, and share!



PART 1

GET THE IDEA

00:00–01:23

A. Listen and choose the correct answer.

1. What is the topic of the conversation?

- A. Their hobbies
- B. Their daily routines
- C. Their school
- D. Their holidays

☐

2. What tense do Emily and Paul talk about?

- A. Simple Past
- B. Present Continuous
- C. Simple Present
- D. Future Tense

☐

3. Is Paul a morning person?

- A. Yes, he is.
- B. No, he isn't.
- C. Sometimes.
- D. The video doesn't say.

☐

4. Is Emily a morning person?

- A. Yes, she is.
- B. No, she isn't.
- C. Sometimes.
- D. The video doesn't say.

☐

PART 2

MORNING ROUTINE

01:23–03:36

A. Who Says It?

Write E for Emily or P for Paul.

- 1. ☐ I wake up at 8:00 on weekdays.
- 2. ☐ I wake up at 6:00 every day.
- 3. ☐ I open the window first.
- 4. ☐ I drink a big glass of water.
- 5. ☐ I make coffee.
- 6. ☐ I prefer tea.
- 7. ☐ I do some exercise.
- 8. ☐ I have eggs and toast for breakfast.

B. Listen & Complete

Complete the sentences with the words you hear.

- 1. Emily wakes up at _____ every day.
- 2. Paul wakes up at _____ on weekdays.
- 3. Emily opens the _____ first.
- 4. She drinks a big glass of _____.
- 5. Paul makes _____ in the morning.
- 6. Emily prefers _____.
- 7. Emily does some _____.
- 8. Paul usually has eggs and _____ for breakfast.

WORDS HELP

- 6:00
- 8:00
- window
- water
- coffee
- tea
- exercise
- toast



Listen carefully
and enjoy learning
English!

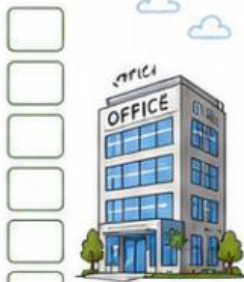
PART 3 WORK & LUNCH

03:36-05:27

A. True or False

Listen carefully. Write True or False.

- Paul works from Monday to Friday.
- Paul works at a small library.
- Emily works in an office.
- Both Emily and Paul start work at 9:00.
- Paul walks to work.
- Emily walks to the library.
- Emily's walk takes ten minutes.
- Paul usually brings his lunch from home.



Remember!

We use the simple present for routines and habits!



B. Choose the Correct Answer

Choose the best answer.

- Where does Paul work?
A. At a library
B. In an office
C. At a café
D. At home
- How does Emily go to the library?
A. By car
B. By bus
C. On foot
D. By bicycle
- Who does Emily usually eat lunch with?
A. Paul
B. Max
C. David
D. Leo
- Where does Emily eat lunch when the weather is nice?
A. At home
B. In a café
C. In a little park
D. In the library



PART 4 AFTER WORK

05:27-09:40



A. Put the Activities in Order

Listen to the conversation and number the activities from 1-8.

- Paul listens to music.
- Emily takes Max for a walk.
- Paul goes home.
- Emily says hello to Max.
- Paul plays the guitar.
- Emily reads a book.
- They finish work at 5:00.
- Emily and Paul have dinner.



Tip!

Listen to the order of events carefully. The story follows their daily routine.

B. Who Does It?

Write Emily or Paul.

- _____ has a dog named Max.
- _____ takes Max for a walk.
- _____ likes rock music and jazz.
- _____ plays the guitar.
- _____ likes reading.
- _____ has many books at home.
- _____ cooks pasta.
- _____ cooks vegetables and chicken or fish.



PART 5 EVENING & BEDTIME

09:40-12:30



A. Listen and Answer

Listen carefully and answer the questions.

- What does Emily sometimes watch in the evening? _____
- What does Emily like to do? _____
- When does Emily usually call her parents? _____
- What does Paul usually do in bed before sleeping? _____
- What time does Emily usually go to bed? _____
- What time does Paul usually go to bed? _____
- Who is a night owl? _____



B. Choose the Correct Answer

Choose the best answer.

- What does Emily say about her evenings?
A. They are very busy.
B. They are quiet.
C. They are always noisy.
D. They are late.
- When does Emily call her parents?
A. Every day
B. On Saturday and Sunday
C. On Wednesday and Sunday
D. Only on Sunday
- What time does Paul usually go to bed?
A. At 9:00
B. At 10:00
C. At 11:30 or midnight
D. After 12:00



WELL DONE! KEEP LISTENING, KEEP LEARNING!

LIVEWORKSHEETS

PART 6 GRAMMAR DETECTIVE

11:05-12:30



Listen to the grammar explanation. Then complete the tasks.

A. Complete the Rule

For I / You / We / They, we use _____ (base verb).

I _____.

You _____.

We _____.

They _____.

For He / She / It, we add _____.

He _____.

She _____.

It _____.



B. Listen and Complete

Complete the sentences.

1. I _____.

2. You _____.

3. We _____.

4. They _____.

5. Max _____ with his ball.

6. Leo _____ his food.

7. He _____.

8. She _____.

9. It _____.

Add -s for
he / she / it!



C. Do or Does?

Complete the questions.

1. _____ you like coffee?

2. _____ he sleep a lot?

3. _____ they wake up early?

4. _____ she read books?

Remember!

Do → I / you / we / they

Does → he / she / it

PART 7 LISTENING CHECK

12:30-14:27



Listen carefully and choose the correct answer.

1. Emily asks whether listeners wake up:

- A. early or late
- B. at school or home
- C. alone or with friends
- D. in the morning or at night



2. Emily and Paul ask whether people drink:

- A. water or juice
- B. tea or coffee
- C. milk or soda
- D. tea or water



3. They ask whether people:

- A. walk or drive to work
- B. run or cycle to work
- C. take a bus or train
- D. ride a bike or a motorbike



4. In the evening, they ask whether people:

- A. cook or eat out
- B. read or play the guitar
- C. watch TV or sleep
- D. study or listen to music



5. What do Emily and Paul say is similar about their days?

- A. They work, eat, and relax.
- B. They wake up at the same time.
- C. They go to the same place.
- D. They have the same hobbies.



PART 8 MY DAILY STORY



Listen to the last part of the video.

Now, write about **YOUR** daily routine.

I wake up at _____.

I usually have _____ for breakfast.

I go to school by _____.

I usually have lunch at _____.

After school, I _____.

In the evening, I _____.

I usually go to bed at _____.

Speaking Challenge



Tell your partner about your daily routine.

Your partner listens and writes 3 things they hear.

My partner's routine:

1. _____
2. _____
3. _____





00:00 INTRODUCTION

Emily: Hello everyone, and welcome back to Mr. English Channel, where learning English is easy and fun. I'm Emily.

Paul: Hello everyone. It's great to be here with you all. How are you today, Emily?

Emily: I'm great, Paul. Very happy for another episode. How are you?

Paul: I'm fantastic. I feel good today. I'm ready for a fun conversation.

Emily: Me, too. And before we start our topic, we want to say thank you for listening.

Paul: Yes. Thank you. And please, if you like our channel, remember to subscribe and click the like button. It helps us a lot.

Emily: Exactly. Share with your friends, too.

00:00:55 TOPIC & SIMPLE PRESENT

Emily: So, Paul, what is our topic today?

Paul: Today we talk about our day, our daily routine, what we do every day.

Emily: Ah, that's a great topic. We use a lot of simple, important English for that. We use the simple present.

Paul: Yes, the simple present is for routines, habits, things we do every day, sometimes, or never.

Emily: It sounds easy and useful. So, to start, Paul, are you a morning person?

Paul: A morning person? No, Emily, I am not a morning person. I like my bed.

Emily: Oh, I see. So, you wake up late?

Paul: Yes, I do. On weekends, I wake up very late. On weekdays, for work, I wake up at 8:00.

Emily: 8:00 is not so late. I am a morning person. I love the morning.

Paul: Wow. Really? So, you wake up early?

Emily: I do. I wake up at 6:00 every day. Yes, even on weekends.

Paul: 6:00! Wow. Emily, what do you do so early?

00:02:15 MORNING ROUTINE

Emily: Well, first I open the window. I love the morning air. Then I drink a big glass of water.

Paul: Water? That is very healthy. I need my coffee. The first thing I do is make coffee.

Emily: Ah, a coffee person.

Paul: I like coffee, too.

Emily: But in the morning, I prefer tea.

Paul: Tea is good. It's calm. I need energy, so I drink coffee. I always have a big cup.

Emily: I understand. After my water, I do some exercise. Just a little.

Paul: Exercise in the morning. You have so much energy.

Emily: It helps me wake up. After that, I take a shower and then I have breakfast.



00:03:08 BREAKFAST

Paul: Okay. Breakfast. My favorite part of the morning. What do you eat for breakfast, Emily?

Emily: I usually eat yogurt and fruit. Sometimes I have toast with jam.

Paul: What about you, Paul?

Paul: I love a big breakfast. I usually have eggs and toast and my coffee, of course.

Emily: Eggs and toast. Yummy. That's a classic breakfast.

Paul: Yes, it is. I feel ready for the day after my eggs and coffee.



00:03:36 WORK

Emily: So, what happens next in your day? You go to work.

Paul: Yes, I work from Monday to Friday. I work at a small library. I love books.

Emily: A library. That sounds so nice and quiet.

Paul: I work in an office. It is not quiet.

Emily: I can imagine.

Paul: I like the library because I see many people and many, many books. I start work at 9:00.

Emily: I also start at 9:00. I drive my car to work. The traffic is sometimes bad.

Paul: Oh, I don't like traffic. I walk to the library.

Emily: You walk? That is wonderful. A nice morning walk.

Paul: Yes. It's only 10 minutes. I listen to music or a podcast. Sometimes I listen to Mr. English Channel.

Emily: Good choice. So, we both work. We start at 9. What about lunch? I get hungry around 1:00.



00:11:05 SIMPLE PRESENT

Emily: For I / You / We / They, the verb is the same.

- I walk. You walk. We walk. They walk.

Paul: But for He / She / It, we add -s.

- My dog Max plays. Leo eats.
- He eats. She reads. It sleeps.

Emily: And for questions, we use do or does.

- Do you like coffee? - Yes, I do. / No, I don't.
- Does he sleep a lot? - Yes, he does.



00:04:32 LUNCH

Paul: Me, too. I usually bring my lunch from home. I eat a salad or a sandwich.

Emily: That's smart. I sometimes go to a small café near my office. They have good sandwiches.

Paul: It's nice to go out sometimes. Do you eat with people from your work?

Emily: Yes, I do. I usually eat with my friend David. We talk about sports and movies.

Paul: That's nice. A good break from work.

Emily: I eat in a little park near the library when the weather is nice.

Paul: A park. How lovely. With the sun and the trees.

Emily: Exactly. It's very relaxing.



00:05:27 AFTERNOON

Emily: So, we work, we have lunch, then what? The afternoon.

Paul: The afternoon for me. The afternoon at work is busy. Many emails, many phone calls.

Emily: For me, too. Many people come to the library in the afternoon. Families with children.

Paul: Oh, that sounds fun. Do you read stories to them?

Emily: Sometimes, yes. I love reading stories to the kids. They have big, happy eyes.

Paul: That is so sweet. My afternoon is just more coffee.

Emily: More coffee for Paul. And when do you finish work?

Paul: I finish work at 5:00. And you?

Emily: I also finish at 5:00. The library closes and I go home.



00:06:22 AFTER WORK & PETS

Emily: So, when you get home, what is the first thing you do?

Paul: Good question. I have a dog. His name is Max. So, the first thing I do is say hello to Max. He is always so happy to see me.

Emily: Ah, Max. That's a great way to come home.

Paul: I don't have a pet.

Emily: You should get a cat. You are not a morning person and cats sleep a lot. A perfect match.

Paul: A cat? Hmm. Maybe. My friend has a cat. His name is Leo.

Emily: Leo is very lazy.

Paul: He sleeps all day.

Emily: See, he wakes up, he eats, he sleeps, he eats again, he sleeps again. A simple life.

Paul: That is a very simple life. Leo is lucky.



00:07:20 HOBBIES

Paul: After I get home, I usually listen to music. I like rock music and jazz. It helps me relax. Sometimes I play my guitar.

Emily: You play the guitar? Wow, Paul, that's so cool.

Paul: I try. I'm not a rock star, but I enjoy it. I play for about an hour.

Emily: That's a fantastic hobby. My hobby is reading. I have many books at home. I love to read a good book in the evening.

Paul: I understand that. For me, music is like that.



00:08:45 DINNER

Paul: I usually cook dinner around 7:00. I like to cook. It's creative.

Emily: I am not a good cook, Paul. I cook simple things. Pasta is my specialty.

Paul: Pasta is great. You can put anything with pasta.

Emily: That is true.

Paul: I often make pasta with tomato sauce. Very simple, very good.

Emily: It sounds delicious. I like to cook vegetables and chicken or sometimes fish.

Paul: And Max eats his dinner, too.

Emily: Of course. Max needs his dinner.



00:09:40 EVENING

Emily: I watch a movie sometimes or a show on TV, or I read my book. I like quiet evenings.

Paul: Me, too. I watch TV or a movie, or I call my family or my friends.

Emily: I usually call my parents on the weekend.

Paul: I usually call my parents on Wednesday and Sunday.



00:10:06 BEDTIME

Paul: I go to bed around 10:00. I read in bed for a few minutes and then sleep.

Emily: 10:00? That is early for me. I go to bed around 11:30 or midnight.

Paul: See, I am a morning person and you are a night person.

Emily: A night now. Yes, that's me. I like the quiet of the night.



00:13:29 CLOSING CONVERSATION

Emily: Leave a comment below and tell us about your day!

Paul: Are you a morning person or a night owl?

Emily: Subscribe to Mr. English Channel for more easy and fun English lessons.

Paul: Give this video a big thumbs up and share it with your friends and family.

Emily: Bye for now. Stay happy and keep learning!

Paul: Bye!

SEE YOU IN THE
NEXT EPISODE!