



SPEAK BEYOND
ENGLISH STRATEGY

SPEAK WITH CLARITY.
RESPOND WITH INTENTION.

PERFORMANCE ENGLISH

SIMPLE PRESENT x TO BE VERB *Class 5*

YOUR GUIDE TO REMEMBER, PRACTICE AND EVOLVE.



CONTENT SUMMARY
& PRACTICE ACTIVITIES
BASED ON TODAY'S LESSON



Sheet 02

Personalized for: Theo Alencar





Listening Practice

Instructions:

Listen carefully to the audio and answer the questions according to what you hear.

MY DAILY ROUTINE

My name is Theo, and this is my usual weekday routine.

I usually wake up between seven and eight in the morning. I am usually still tired when I wake up, but I don't stay in bed for very long. I get up, brush my teeth, and take a shower. Then, I get dressed and have breakfast. My mornings are usually quiet because I don't have a job during the day. After breakfast, I study English by myself. I am preparing for a test, so I spend a lot of time studying. I usually read, listen to English, and review new words. Sometimes I take a short break to relax or play a video game.

At noon, I have lunch. After lunch, I usually study again. Some days, I study for university, and other days, I study English. I am a Software Engineering student, so I have a lot of things to study. I don't usually go out during the afternoon. I normally stay at home and study, relax, or play video games for a little while.

At around six o'clock, I start to get ready for university. I get dressed, check my things, and leave home. My class starts at seven o'clock and finishes at nine.

After class, I go back home. I usually have dinner and spend some time relaxing. Sometimes I watch a movie, listen to music, or play a video game before going to bed.

I am usually at home during the day, and I am at university at night. My routine is simple, but I am usually busy. I normally go to bed at around eleven or eleven-thirty, because I need to wake up and start everything again the next morning.