Leo's Match Day Food Plan!

Before the match, Leo talks to the nutritionist about his meals.
Look at the food pictures and draw lines to complete the dialogue.



Before the match...

Nutritionist: Hi Leo! Let's check your food plan for tomorrow's match.

Leo: Sure! What do I need for breakfast?

Nutritionist: You need some _____ .
It's the white drink in the bottle.
and an _____ . It's the red fruit.

Leo: Great! Do we have any _____ ?
I want something fruity to drink.

Nutritionist: Yes, we do. We also have some _____ .
They're small, red, and sweet.

Leo: What about lunch?

Nutritionist: You can have _____ .
They come from hens.
and _____ , with lettuce and tomatoes,
but don't drink any _____
from the can before the match.

Leo: OK! I'll follow the plan.

Food pictures









LIVEWORKSHEETS