

Healthy Habits Writing Exercise

Write about healthy habits using 3 words
in each category.

1. 3 vegetables:
2. 3 fruits:
3. 3 healthy drinks:
4. 3 things you do for exercise:
5. 3 healthy breakfast foods:
6. 3 things you do to relax:
7. 3 things you should do every day:
8. 3 things you shouldn't eat too much:

