2ND QUIZ

SECTION 1: VOCABULARY COMPLETION WITH INITIAL CLUES

Complete the sentences using the correct word based on the provided initial letter clue. Do not use contractions anywhere in your answers.

1. People who maintain a very busy **s**_____ life often struggle to find time for personal relaxation.
2. It is essential to maintain a good **s**_____ of humour when dealing with stressful situation at work.
3. Employees usually need to schedule an **a**_____ with the supervisor before visiting the office.
4. She decided to make an **e**_____ to explain why she missed the department meeting.
5. Professional individuals often seek a rewarding **c**_____ rather than just a temporary job.
6. Running in the park every morning helps me to keep **f**_____ and active throughout the day.
7. During the warm summer months, we frequently organise a **b**_____ with our close friends.
8. Many workers request a day **o**_____ from work to spend uninterrupted time with their families.
9. Living a simple **l**_____ with minimal possessions can significantly reduce modern daily stress.
10. Before attending the business conference, you must make proper **a**_____ for accommodation.

SECTION 2: VOCABULARY MATCHING

Match the numbered vocabulary items (1–10) with their corresponding definitions or collocations (A–J).

1. Busy social life

2. Make an excuse

3. Keep fit

4. Sense of humour

5. Have a day off

6. Make arrangements

7. Good career

8. Do exercise

9. Staycation

10. Do housework

A. Perform physical activities to maintain physical health.

B. A period of professional work that offers long-term progress.

C. A holiday spent relaxing at home or near one's town.

D. Perform domestic cleaning and maintenance tasks at home.

E. The ability to perceive, appreciate, or express funny things.

F. Provide a reason in order to justify an apology or absence.

G. Plan and prepare details for a future event or appointment.

H. A schedule filled with numerous events with friends and peers.

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I. Take a period of time away from employment or duties.

J. Maintain good physical health through regular physical exercise.

SECTION 3: GRAMMAR MULTIPLE CHOICE (PREDICTIONS & FUTURE PLANS)

Select the correct grammatical option to complete each sentence. Do not use contractions.

1. Scientists predict that people _____happier in the future if technology advances.
   A) will be B) are being C) might to be D) is going to be
2. I _____my doctor tomorrow morning at ten oclock; the appointment is confirmed.
   A) will visit B) am visiting C) might visit D) visited
3. I do not think that people _____as much money on luxury items next year.
   A) will spend B) spend C) are spending D) spending
4. We _____a barbecue on Sunday afternoon if the weather stays clear.
   A) might have B) will to have C) having D) had
5. She _____a new university course next month because she has registered.
   A) starts B) is starting C) might start D) start
6. Do you think that technology _____life simpler for future generations?
   A) will make B) makes C) is making D) shall make
7. They _____to the cinema this evening, but they have not decided yet.
   A) are going B) might go C) will go D) go
8. I _____my sister for lunch on Friday because we arranged it last week.
   A) am meeting B) will meet C) might meet D) meet
9. It _____easier to learn foreign languages with intelligent software in twenty years.
   A) will be B) is being C) might to be D) was
10. He _____not come to the party tonight because he feels extremely tired.
    A) might B) will C) is D) does

SECTION 4: GRAMMAR SENTENCE COMPLETION

Complete the sentences using the verb in brackets with will, present continuous, or may/might. Strictly NO contractions.

1. I think that people _____(live) longer lives in the next century.
2. They _____(have) a meeting with the corporate director on Monday at nine oclock.
3. We _____(not / travel) abroad this year because we lack sufficient funds.
4. She _____(attend) a professional seminar tomorrow morning.

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5. I do not think that we _____(have) much free time during the upcoming examination week.

6. He _____(join) us for dinner tonight, but he needs to finish his project first.

7. What _____(you / do) at lunchtime today according to your schedule?

8. Scientists believe that warmer climates _____(cause) environmental changes globally.

9. My brother _____(start) his new position at the firm next Monday.

10. It is possible that my family _____(go) to the Italian restaurant on Friday evening.

READING PASSAGE: BALANCING MODERN WORK AND PERSONAL WELL-BEING

In modern society, many individuals struggle to maintain a healthy balance between professional responsibilities and personal well-being. Expert researchers recently surveyed working adults to investigate what factors contribute most significantly to personal happiness. According to the findings, having a successful career and earning lots of money can certainly provide financial security, but these factors do not guarantee long-term life satisfaction.

Instead, many participants emphasized that having a simple life with sufficient free time is far more valuable. Maintaining good physical health through regular exercise, eating balanced meals, and having a supportive family life were consistently ranked as top priorities. Furthermore, people who cultivate a strong sense of humour and maintain active social lives report significantly lower levels of workplace stress.

To manage chaotic schedules, many professionals now make precise arrangements in advance. They schedule appointments, organize meals, and book specific days off to spend uninterrupted time with relatives. However, some workers choose an alternative approach known as a staycation, where they spend their holiday time relaxing at home or doing local hobbies such as gardening, cycling, or playing musical instruments. Experts predict that in the future, people will prioritize these flexible lifestyle choices to improve their mental health and overall quality of life.

SECTION 5: READING COMPREHENSION - TRUE, FALSE, OR DOESN'T SAY

Determine if the following statements are True (T), False (F), or Doesn't Say (DS) based strictly on the text.

1. High earnings and professional success guarantee long-term life satisfaction. _____

2. Research shows that having ample free time is considered very valuable by many participants. _____

3. People with a good sense of humour tend to experience lower levels of stress at work. _____

4. Most surveyed workers stated that they prefer cycling over running for daily exercise. _____

5. Organising appointments in advance helps professionals manage busy working schedules. _____

6. A staycation involves travelling to remote international destinations for several weeks. _____

7. Gardening and playing music are examples of local activities mentioned in the text. _____

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8. The survey was conducted across ten different major cities worldwide. _____

9. Experts believe that future populations will focus more on mental health and flexible living. _____

10. Eating balanced meals was identified as the single most expensive habit in the survey. _____

SECTION 6: READING COMPREHENSION - MULTIPLE CHOICE

Choose the correct option based on the text.

1. What is the main purpose of the passage?

A) To explain factors that contribute to personal well-being and life balance.
B) To promote international travel and expensive holidays.
C) To criticise modern working practices in large companies.
D) To explain how to earn high salaries quickly.

2. According to the text, earning a high salary:

A) Guarantees complete happiness.
B) Provides security but does not ensure satisfaction.
C) Prevents people from making social arrangements.
D) Is the primary goal of all young professionals.

3. Which of the following was NOT explicitly mentioned as a top health priority?

A) Eating balanced meals.
B) Taking expensive supplement products.
C) Exercising regularly.
D) Having a supportive family life.

4. Having a strong sense of humour helps workers to:

A) Reduce workplace stress.
B) Earn promotion faster.
C) Work longer hours daily.
D) Avoid doing housework.

5. Why do busy professionals book specific days off?

A) To spend quality time with their families.
B) To search for new employment.
C) To avoid doing physical exercise.
D) To study advanced academic courses.

6. What does the term *staycation* mean in the context of the text?

A) Spending holidays at home or doing local activities.
B) Staying late at the office to finish urgent projects.
C) Moving permanently to a new country.
D) Renting an apartment in a distant capital city.

7. What do experts predict regarding future lifestyles?

A) People will focus more on flexible living and mental health.
B) Workers will completely eliminate free time.
C) Modern companies will ban remote work.
D) Physical exercise will become unnecessary.

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8. Which activity is mentioned as a potential staycation interest?

A) Cycling
B) Scuba diving
C) Skiing
D) Mountain climbing

9. What is one benefit of planning arrangements early?

A) It assists in managing busy schedules efficiently.
B) It guarantees earning higher annual bonuses.
C) It eliminates the need for personal relaxation.
D) It reduces the cost of public transport.

10. The overall tone of the reading passage can best be described as:

A) Informative and analytical.
B) Aggressive and critical.
C) Humorous and entertaining.
D) Mysterious and dramatic.

SECTION 7: MISCELLANEOUS ADVANCED GRAMMAR

Complete each sentence using the correct functional grammar phrase or structure based on Unit 6 (leaving messages, expressing probability, making arrangements). Absolutely no contractions.

1. Good morning, this _____(be) a message for Mr Williams regarding tomorrow's schedule.
2. I am calling to _____(remind / you) about the departmental meeting on Friday afternoon.
3. Could you please _____(call / me / back) when you receive this voice message?
4. I am really sorry, but I _____(have to / cancel) our lunch arrangement tomorrow.
5. Please text me to _____(let / me / know) if you are free to meet this weekend.
6. I do not think that we _____(have) sufficient time to visit the museum today.
7. It is very likely that she _____(arrive) late due to heavy traffic on the highway.
8. We _____(go) for a swim tomorrow morning if the swimming pool is open.
9. He _____(not / feel) well today, so he might decide to stay at home.
10. What time _____(shall / we / meet) outside the train station evening?

SECTION 8: UNSCRAMBLE THE SENTENCES

Reorder the scrambled words into correct, grammatically sound full sentences. Do not use any contractions.

1. think / happy / future / people / will / I / in / be / the / .
2. dinner / meeting / Friday / am / I / on / my / parents / for / .
3. cancel / really / have / lunch / sorry / to / I / am / our / .

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4. might / weekend / go / we / cycling / this / weather / if / fine / is / the / .
5. not / do / we / think / free / I / will / have / much / time / .
6. calling / remind / am / Aunt / birthday / I / to / about / Claire / you / .
7. important / is / to / fit / healthy / keep / and / stay / it / .
8. starting / new / month / is / a / course / she / next / university / .
9. can / call / when / back / me / you / this / get / you / ?
10. make / excuse / he / an / when / late / is / usually / does / ?

Listening

6 [Track 127] You will hear two colleagues, Kay and Steve, talking about Kay's work trip. For questions 1 10, complete the notes with a word or short phrase. There is an example at the beginning (0).

Kay's Work Trip – details for Friday's meeting

- going to **(0)** ___INDIA_____ , Malaysia and **(1)** _____
- leaves on **(2)** _____
- travels to Malaysia on **(3)** _____
- last part of trip: **(4)** _____ days.
- weather: she expects it **(5)** _____
- she'll check T-shirts, shirts, trousers and ask people if they are **(6)** _____
- find out if there is somewhere **(7)** _____ for them to do exercise.
- she won't have time to go **(8)** _____
- she will **(9)** _____ with other people
- returns home on **(10)** _____

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