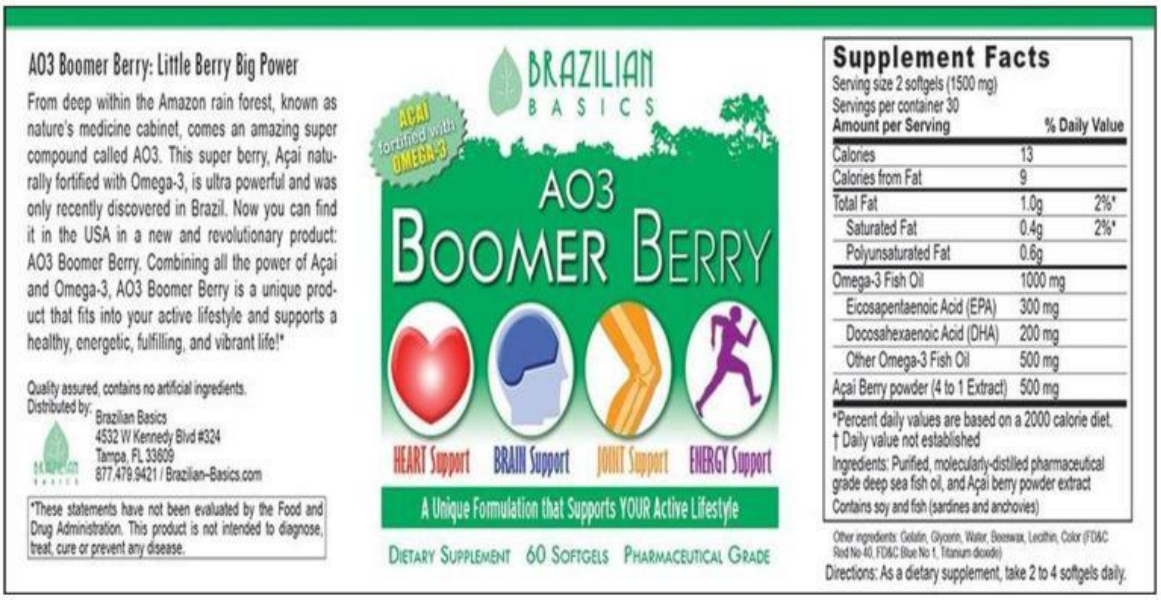
Label

Exercise 1

Choose the best answer for each number.



AO3 Boomer Berry: Little Berry Big Power

From deep within the Amazon rain forest, known as nature's medicine cabinet, comes an amazing super compound called AO3. This super berry, Açai naturally fortified with Omega-3, is ultra powerful and was only recently discovered in Brazil. Now you can find it in the USA in a new and revolutionary product: AO3 Boomer Berry. Combining all the power of Açai and Omega-3, AO3 Boomer Berry is a unique product that fits into your active lifestyle and supports a healthy, energetic, fulfilling, and vibrant life!*

Quality assured, contains no artificial ingredients.
Distributed by:
Brazilian Basics
4532 W Kennedy Blvd #324
Tampa, FL 33609
877.479.9421 / Brazilian-Basics.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BRAZILIAN BASICS

Açai fortified with OMEGA-3

AO3 BOOMER BERRY

HEART Support BRAIN Support JOINT Support ENERGY Support

A Unique Formulation that Supports YOUR Active Lifestyle

DIETARY SUPPLEMENT 60 SOFTGELS PHARMACEUTICAL GRADE

Supplement Facts

Serving size 2 softgels (1500 mg)
Servings per container 30

Amount per Serving		% Daily Value
Calories	13	
Calories from Fat	9	
Total Fat	1.0g	2%*
Saturated Fat	0.4g	2%*
Polyunsaturated Fat	0.6g	
Omega-3 Fish Oil	1000 mg	
Eicosapentaenoic Acid (EPA)	300 mg	
Docosahexaenoic Acid (DHA)	200 mg	
Other Omega-3 Fish Oil	500 mg	
Açai Berry powder (4 to 1 Extract)	500 mg	

*Percent daily values are based on a 2000 calorie diet.
† Daily value not established

Ingredients: Purified, molecularly-distilled pharmaceutical grade deep sea fish oil, and Açai berry powder extract
Contains soy and fish (sardines and anchovies)

Other ingredients: Gelatin, Glycerin, Water, Beeswax, Lecithin, Color (FD&C Red No 40, FD&C Blue No 1, Titanium dioxide)

Directions: As a dietary supplement, take 2 to 4 softgels daily.

1. From the text we know that Boomer Berry ....
   A. consists of more than three kinds of omega-3
   B. has rich saturated and polyunsaturated fat
   C. provides abundant amount of omega-3
   D. contains only sardines and anchovies

2. This product is useful for ....
   A. curing joint paint
   B. healing heart disease
   C. treating some illnesses
   D. supporting a healthy life

LIVEWORKSHEETS





3. The following are the elements of the two labels:
   I. the flavor
   II. the manufacturer
   III. the function
   IV.the size
   V. the substances

   The two labels are different in terms of ....
   A. I and V
   B. II and IV
   C. II and V
   D. III and IV

LIVEWORKSHEETS



4. Which of the followings are in line with the descriptions of the product?
   (1) It is good for health.
   (2) It belongs to junk food.
   (3) It uses natural ingredients.
   (4) It does not have flavor.

   A. (1) and (2)
   B. (1) and (3)
   C. (2) and (3)
   D. (2) and (4)

5. Where do you usually find the text above?
   A. On a bottle of baverages.
   B. On a food sachet.
   C. On a clotch.
   D. On a drug.

LIVEWORKSHEETS



6. Part of the label shown in the picture is ... of the product.



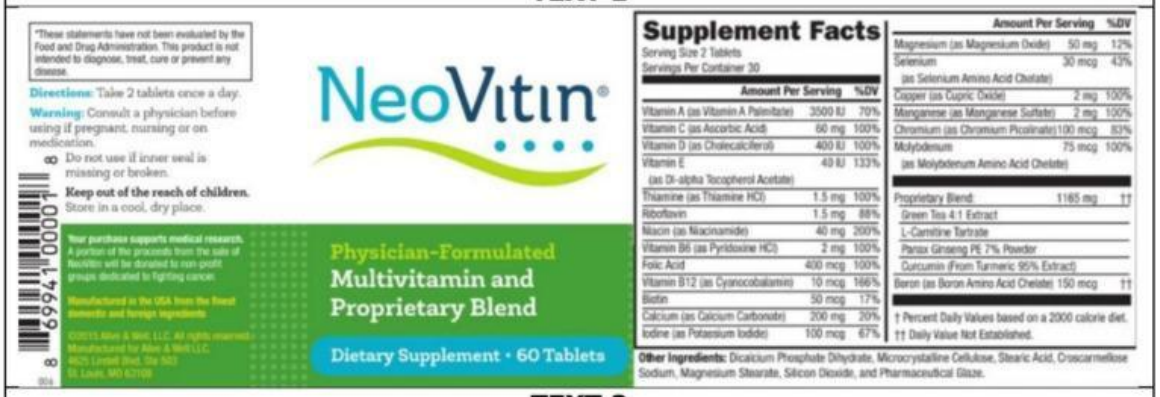
A. the trademark
B. the instruction
C. the certification
D. the manufacturer

7. From the label we can conclude that ....
I. the waffle is free from eggs, milk and wheat
II. people on diet will likely buy this product
III. the product is made in the Netherlands
IV. a box of the product equals to 396 gr

A. I and II
B. I and III
C. II and IV
D. III and IV

LIVEWORKSHEETS

TEXT 1



TEXT 2



8. The benefit of reading the texts is ... .
   A. to know the daily nutritional reference
   B. to obtain sufficient vitamins and minerals intake
   C. to gain complete information about the products
   D. to find out information about a dietary supplement

9. The following statements are in line with both products.
   I. They can be used to cure and treat a certain sickness.
   II. They must be obtained with a physician's prescription.
   III. They must be stored in a specified place and temperature.
   IV. They can be consumed by nursing women with doctor's advice.

   The correct statements are ....
   A. I and II
   B. I and III
   C. II and III
   D. III and IV

LIVEWORKSHEETS

10. From the texts we may infer that people ....
I. may spend each pack of the supplement in a month
II. will get less Vitamin A from Amerix than Neovitin per serving
III.may take more days to consume a pack of Amerix than Neovitin
IV. can get the same amount of Vitamin D per capsule from the products
V. can have equal amounts of folic acid from Amerix and Neovitin in a day

A. I, II, and III
B. I, III, and IV
C. I, IV, and V
D. II, IV, and V

PRODUCT A



PRODUCT B



11. Which statements go with the text?
1 Both products have the same amount of serving size.
2 We find more calcium in product B than in product A.
3 Product B contains more Vitamin D than product A.
4 Those who are allergic with milk will not consume them.

A. 1 and 2.
B. 1 and 4
C. 2 and 3
D. 2 and 4

LIVEWORKSHEETS

12. From the text we know that ....

A. Both products show us the expiration dates

B. Product A contains more cholesterol than product B

C. We find the information about the brand of the products

D. Those who need sugar free will prefer product B to product A



13. Part of the label shown in the picture is ... of the product.



A. the dosage

B. the warnings

C. the directions

D. the substances

14. The statements are in line with the text.

I. Parents will buy the product for their teen with Vitamin K deficiency.

II. People on diets will consume the product as their staple food.

III. Vegetarians will be interested in consuming the product.

IV. An underweight adult will drink the product frequently.

A. I and II

B. I and III

C. II and III

D. III and IV

LIVEWORKSHEETS



15. The benefit of reading the text is ....
    A. to know the symptoms of nasal congestion
    B. to find out how to prevent nasal congestion
    C. to tell the proper direction to use vapor inhaler
    D. to obtain complete information about vapor inhaler

16. The following statements are in line with the text.
    I. The medicine may lessen nasal discharge.
    II. The product is effective at least for 3 months.
    III. This medicine is protected by a perforated-tube seal.
    IV. The product should be stored at the room temperature.

    The correct statements are ....
    A. I and III
    B. I and IV
    C. II and III
    D. III and IV

LIVEWORKSHEETS

17. From the text we may infer that ....

I. children under 6 years old need physician advice to use the medicine

II. adults may use the vapor inhaler frequently for a long period

III. children above 11 years old can inhale 12 times a day

IV. adults should inhale every hour to get the best result

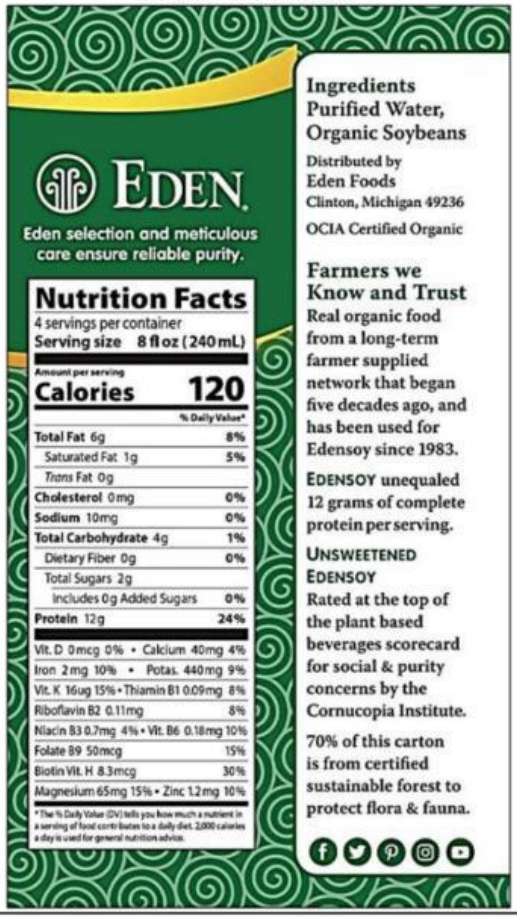
A. I and II

B. I and III

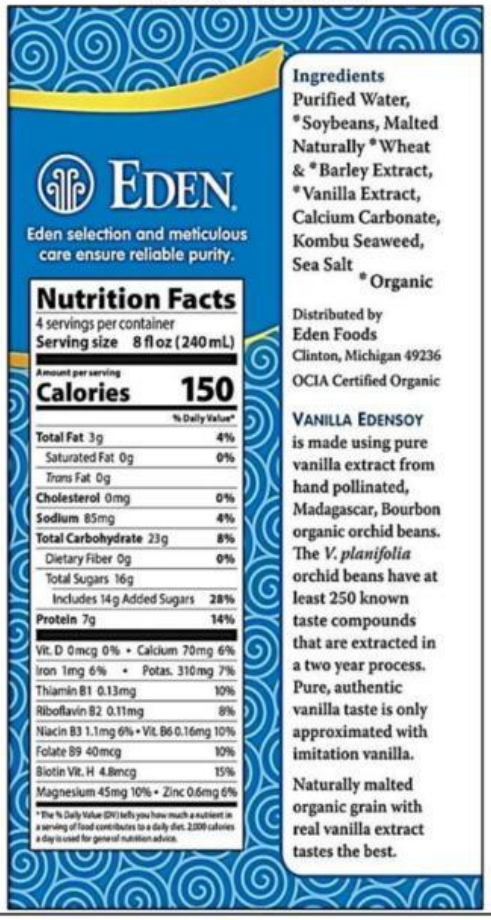
C. II and III

D. III and IV

Label of Product 1



Label of Product 2



18. What will the readers likely do after reading the text?

(1). People who try to reduce sugar consumption will prefer product 1.

(2). People who have soybean allergies will buy both products.

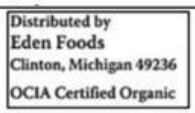
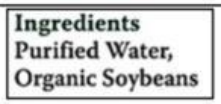
LIVEWORKSHEETS

(3). People who need high calories will prefer product 1.
(4). People who like vanilla flavor will prefer product 2.
A. (1) and (3)
B. (1) and (4)
C. (2) and (3)
D. (3) and (4)

19. According to the texts, which descriptions are correct?
(1). Product 1 contains higher calcium than Product 2.
(2). Both products have no cholesterol in them.
(3). Product 1 is more flavorful than Product 2.
(4). Both products provide no vitamin D.

A. (1) and (3)
B. (1) and (4)
C. (2) and (3)
D. (2) and (4)

20. Which part of the texts shows the manufacturer of the product?

A. 	C. 
B. 	D. 

LIVEWORKSHEETS