UNIT 2: HEALTH - VOCABULARY & WORD FORM

Global Success 7 | Level: Khá

Name: _____ **Class:** _____

A. WORD FORM - GAP FILLING

Give the correct form of the word in brackets.

1. The doctor gave me some useful _____ about how to protect my eyes when using electronic devices. **(ADVISE)**

2. Lack of sleep can have a negative _____ on students' ability to concentrate in class. **(AFFECT)**

3. Washing your hands regularly is one of the most _____ ways to prevent some common diseases. **(EFFECT)**

4. Minh cannot eat shrimp or crab because he is seriously _____ to seafood. **(ALLERGY)**

5. My eyes have been hurting for several days, so my mother has made an _____ with an eye doctor. **(APPOINT)**

6. Students often have difficulty maintaining their _____ when they are tired or hungry. **(CONCENTRATE)**

7. Good _____ between teachers, parents, and students is necessary for the school health campaign to succeed. **(COORDINATE)**

8. You should read the instructions _____ before using these eyedrops for the first time. **(CARE)**

9. Regular cycling, swimming, and jogging can greatly improve your physical _____. **(FIT)**

10. Although the health talk lasted nearly an hour, the students remained _____ and took notes on the doctor's advice. **(ATTEND)**

LIVEWORKSHEETS

B. VOCABULARY - MULTIPLE CHOICE

Choose the best answer A, B, C, or D.

11. After spending several hours outside without suncream, Mai got a painful _____ on her shoulders.

A. allergy
B. sunburn
C. sickness
D. obesity

12. If you often read books in _____, your eyes may become tired more quickly.

A. fresh air
B. bright sunshine
C. dim light
D. cold weather

13. Doctors advise teenagers not to _____ acne spots because doing so may make the skin worse.

A. rest
B. pop
C. avoid
D. provide

14. Tofu and _____ are useful sources of plant protein for people who do not eat meat.

A. soybean
B. suncream
C. eyedrops
D. soft drinks

15. If your lips become dry and cracked in winter, you should put on some _____.

A. suncream
B. lip balm
C. cooking oil
D. eyedrops

16. Eating too much junk food and doing little exercise can eventually lead to _____.

A. fitness
B. obesity
C. concentration
D. allergy

17. My eyes feel dry after studying online for three hours, so I think I need some _____.

A. suncream
B. protein
C. eyedrops
D. lip balm

18. People who eat only plant-based food and avoid meat and fish are called _____.

A. experts
B. patients
C. vegetarians
D. coordinators

19. Soft drinks contain a lot of sugar, so drinking them too often can be _____ to your teeth.

A. harmful
B. physical
C. itchy
D. effective

20. If your acne continues to spread and begins to _____, you should ask a doctor for advice.

A. stay in shape
B. get worse
C. put on suncream
D. rest your eyes

LIVEWORKSHEETS

C. SENTENCE REWRITING - MULTIPLE CHOICE

Choose the sentence that is closest in meaning to the original sentence.

21. It is a good idea for you to wash your hands before every meal.

A. You should wash your hands before every meal.
B. You mustn't wash your hands before every meal.
C. You should washing your hands before every meal.
D. You shouldn't wash your hands before every meal.

22. Eating too much junk food is harmful to your health.

A. Eating too much junk food is good for your health.
B. Eating too much junk food can have a bad effect on your health.
C. Eating too much junk food makes you more attentive.
D. Eating too much junk food helps you stay in shape.

23. Why don't we go cycling in the park this afternoon?

A. Let's going cycling in the park this afternoon.
B. How about go cycling in the park this afternoon?
C. Let's go cycling in the park this afternoon.
D. We should not go cycling in the park this afternoon.

24. You should not stay up too late if you want to stay healthy.

A. Staying up too late is a good way to keep fit.
B. It is advisable to stay up very late every night.
C. Staying up too late may be harmful to your health.
D. Staying up too late improves your concentration.

25. My doctor advised me to spend less time looking at screens.

A. My doctor said that I should spend less time looking at screens.
B. My doctor said that I must spend more time looking at screens.
C. My doctor advised that I spending less time looking at screens.
D. My doctor told me not spend less time looking at screens.

LIVEWORKSHEETS