Name: _____ Date: _____

SHOULD: Advice for a Healthy Life

7th GRADE – AFFIRMATIVE, NEGATIVE & QUESTIONS

We use should to give advice.

AFFIRMATIVE (+)	NEGATIVE (–)	QUESTIONS (?)
You should drink water.	You shouldn't eat too much candy.	Should I rest?
You should see a doctor.	You shouldn't stay up late.	Should I take this medicine?

1. LOOK AT THE PICTURES AND WRITE ADVICE USING SHOULD.

1

headache
You _____
_____

2

stomachache
You _____
_____

3

cold
You _____
_____

4

tired
You _____
_____

5

toothache
You _____
_____

6

acne
You _____
_____

2. COMPLETE THE SENTENCES WITH SHOULD OR SHOULDN'T.

1. You _____ drink plenty of water every day.
2. You _____ eat too much junk food.
3. You _____ wash your hands before eating.
4. You _____ stay up late. You need sleep.
5. You _____ see a doctor if you have a high fever.
6. You _____ exercise every day.
7. You _____ share your medicine with other people.
8. You _____ sit in front of the TV all day.

TIP!

Should = It's a good idea.

Shouldn't = It's not a good idea.

LIVEWORKSHEETS

3. WRITE QUESTIONS WITH SHOULD.

1. I / take this medicine
   _____ ? Yes, you should.

2. I / go to school today
   _____ ? No, you shouldn't.

3. I / eat more vegetables
   _____ ? Yes, you should.

4. I / play video games all night
   _____ ? No, you shouldn't.

5. I / drink soda every day
   _____ ? No, you shouldn't.

6. I / do exercise
   _____ ? Yes, you should.

4. READ THE SITUATIONS AND WRITE ADVICE USING SHOULD OR SHOULDN'T.

1. Your friend has a fever.
   You: _____

2. Your friend has a sore throat.
   You: _____

3. Your friend plays basketball every day and has knee pain.
   You: _____

4. Your friend eats a lot of sweets and has a stomachache.
   You: _____

5. Your friend feels stressed because of school.
   You: _____

5. ANSWER THE QUESTIONS ABOUT YOU.

1. What health problems do you have sometimes? _____
2. What should you do to feel better? _____
3. What shouldn't you do if you are sick? _____

LIVEWORKSHEETS