

1. What is the main function of the respiratory system?
 - A. To digest food
 - B. To help the body breathe and exchange gases
 - C. To pump blood
 - D. To remove solid waste
2. Which organ is mainly responsible for taking in oxygen?
 - A. Heart
 - B. Stomach
 - C. Lungs
 - D. Kidneys
3. Which part of the respiratory system is where air usually enters the body?
 - A. Nose
 - B. Lungs
 - C. Diaphragm
 - D. Bronchi
4. What gas do we breathe in that our body needs?
 - A. Carbon dioxide
 - B. Oxygen
 - C. Nitrogen
 - D. Water vapor
5. What gas is removed from the body when we breathe out?
 - A. Oxygen
 - B. Hydrogen
 - C. Carbon dioxide
 - D. Helium
6. Which tube carries air from the throat toward the lungs?
 - A. Esophagus
 - B. Trachea
 - C. Stomach
 - D. Diaphragm
7. What are the two smaller tubes that branch from the trachea into the lungs?
 - A. Bronchi
 - B. Alveoli

- C. Nostrils
 - D. Ribs
8. What tiny air sacs in the lungs allow oxygen and carbon dioxide to be exchanged?
- A. Bronchi
 - B. Alveoli
 - C. Trachea
 - D. Diaphragm
9. Which muscle helps the lungs expand and contract during breathing?
- A. Biceps
 - B. Heart
 - C. Diaphragm
 - D. Tongue
10. Which is a good way to keep the respiratory system healthy?
- A. Smoking cigarettes
 - B. Staying in polluted areas
 - C. Avoiding exercise
 - D. Exercising regularly and avoiding smoke