My score

Name _____

Class _____ NO._____ date_____



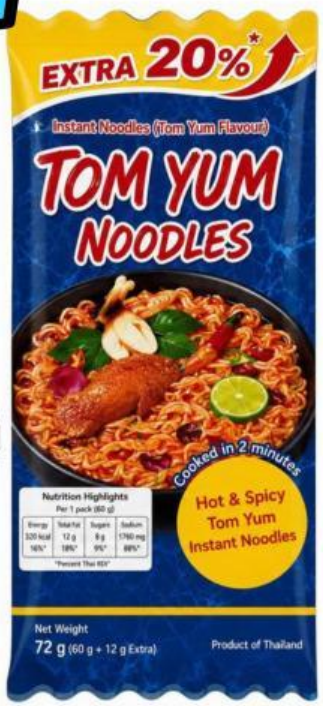
WORKSHEET
PART 1: DATA EXTRACTION

INSTRUCTIONS

Read the label and complete Tasks 1-10 (Type short answers or choose from options). คำสั่ง: อ่านฉลากสินค้า แล้วพิมพ์ตอบสั้นๆ หรือเลือกคำตอบข้อ 1-10







Tasks 1-10 List

1. Product Name:

_____

2. Serving Size: _____
3. Total Calories:_____
4. Sodium Amount: _____
5. Fat Amount: _____
6. Sugar Amount: _____
7. Best Before Date (BBF):

_____

8. Product Evaluation:

[Select Option ▾]

9. Storage Instruction:

[Select Option ▾]

10. Advice Action:

[Select Option ▾]



INSTANT NOODLES
TOM YUM FLAVOUR

A delicious instant noodle with authentic Tom Yum flavour. Spicy, sour, and fragrant. Ready in just 2 minutes!

INGREDIENTS

Noodles	
Wheat Flour	53.00%
Palm Oil	19.50%
Modified Tapioca Starch	8.00%
Salt	6.00%
Sugar	4.00%
Minerals	2.70%
Leavening Agent (INS 500(ii))	0.70%
Antioxidant (INS 319)	0.30%
Seasoning Powder	
Salt	18%
Sugar	12%
Chili Powder	13%
Vegetable Powder	12%
Garlic Powder	12%
Lemongrass Powder	12%
Acid (INS 330)	5%
Flavour Enhancer (INS 621)	3%
Other Ingredients	3%



Allergen Information : Contains wheat and soybean. Produced in a facility that also handles crustacean, fish, and soybean.

MFG : 22 28 4F
BBF : 22 28 4F

8 850100 121011

PRODUCT OF THAILAND

Nutrition Information

Serving Size : 1 pack (60 g)
Servings per container : 1

Amount per serving		% Thai RDI*
Energy	320 kcal	16%
Total Fat	12 g	18%
Protein	8 g	13%
Total Carbohydrate	39 g	13%
Sugars	5 g	
Sodium	1,760 mg	88%

*Percent Thai RDI are based on a 2,000 kcal diet.

HOW TO PREPARE

1. Boil 2 cups (400 ml) of water.
2. Add noodles and seasoning.
3. Cook for 2 minutes, stir well and serve.



STORAGE

Store in a cool, dry place. Avoid direct sunlight.

Manufactured and Distributed by :
QUALITY FOODS CO., LTD.
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Tambon Om Noi, Amphoe Krathum Baen,
Samut Sakhon 73160, Thailand
Tel. 02-811-5101-6 Fax. 02-811-4989
Customer Service : 1-800-999-333

Customer Care 0-2023-4567

LIVEWORKSHEETS