PRESENT PERFECT QUESTIONS
HEALTHY HABITS

Complete the sentences with the correct form of the verbs in parentheses to make Present Perfect questions.

1. _____ you _____ enough water today? (drink)
2. _____ you ever _____ yoga? (try)
3. _____ your friend _____ a healthy breakfast this week? (eat)
4. How many times _____ you _____ this month? (exercise)
5. _____ you _____ at least eight hours last night? (sleep)
6. _____ your family _____ more vegetables recently? (eat)
7. How long _____ you _____ a healthy diet? (follow)
8. _____ you ever _____ a fitness class? (join)
9. _____ your doctor _____ you to exercise more? (tell)
10. _____ you _____ any sugary drinks today? (have)
11. How many glasses of water _____ you _____ today? (drink)
12. _____ you ever _____ meditation? (practice)
13. _____ your friends _____ you to eat healthier? (encourage)
14. _____ you _____ enough fruit this week? (eat)
15. How many hours _____ you _____ every night recently? (sleep)
16. _____ you _____ your daily exercise routine? (change)
17. _____ your family _____ healthy meals together recently? (cook)
18. _____ you ever _____ a healthy recipe for your friends? (make)
19. _____ you _____ breakfast every day this week? (have)
20. How many times _____ you _____ outdoors this month? (walk)

LIVEWORKSHEETS