

Ex 1: Choose a word from the table and fill in the blank.

difficult	health problems	
healthy	convenient	encourage
quite tasty	serve	complain about

Do you like fast food? Lots of people 1. _____ it but I think a lot of it's 2. _____ – as long as you go to one of the international chains like McDonalds or Kentucky. I think in today's world, it's 3. _____ to avoid eating in fast food restaurants. They are so 4. _____ and seem to be everywhere. Of course they're not the same as real restaurants. I wonder if they are restaurants. There aren't any waiters. Anyway, the most important thing to remember about fast food is that it isn't so 5. _____. People who eat it every day develop 6. _____. I don't understand why schools 7. _____ fast food during lunch time. Schools should 8. _____ students to eat healthily. If you have time, look at a website on slow food.

Ex 2: Match words 1-6 with definitions a-f

1. Complain
2. Slow food
3. Encourage
4. Convenient
5. serve
6. international

- a, good food that is prepared and cooked carefully
- b, to make someone more likely to do something, or to make something more likely to happen
- c, to provide food or drinks
- d, involving more than one country
- e, suitable for your purposes and needs and causing the least difficulty
- f, to say that something is wrong or not satisfactory

<audio> Ex 3 : Listen and fill in the missing words

Do you like fast food? Lots of people 1. _____ but I think a lot of it's quite tasty – 2. _____ go to one of the international chains like McDonalds or Kentucky. I think in today's world, it's 3. _____ eating in fast food restaurants. They are so convenient 4. _____ everywhere. Of course they're not the same as real restaurants. I wonder if they are restaurants. 5. _____ waiters. Anyway, the most important thing to remember about fast food is that it isn't so healthy. People who eat 6. _____ develop health problems. I don't understand why schools serve 7. _____ during lunch time. Schools 8. _____ students to eat healthily. If you have time, look at a website 9. _____ .