

Read the text. Choose a word from the box.  
Write the correct word next to numbers 1–5.

There is one example.

**EXAMPLE:** food

**WORD BOX:**

food • hungry • rectangular • oval • fish  
energy • round • peel

## Food and Fruits

People eat (Example) food  
when they feel (1) \_\_\_\_\_.

Some foods have different shapes.

For example, a sandwich is

(2) \_\_\_\_\_, and eggs are

(3) \_\_\_\_\_.

You can also cook or grill a fish

(4) \_\_\_\_\_.

Fruits are very healthy because  
they give us (5) \_\_\_\_\_.

An apple is red and round, and  
you can chop it to make juice.

A banana is long and yellow, and  
you can peel it before you eat it.

