3. Reading Comprehension 3

Indoor and Outdoor Hobbies

Hobbies usually belong to two main groups: indoor activities and outdoor activities. Both groups offer different benefits for teenagers.

Indoor hobbies are things you do inside a building. Common examples are drawing, painting, or playing computer games. These activities are great when the weather is bad. ***They*** *help you develop your creativity and imagination. For instance, painting allows you to express your feelings through colors.*

On the other hand, outdoor hobbies take place in nature. Popular activities include swimming and going camping. These hobbies are excellent for physical health. Swimming builds strong muscles, while camping teaches you how to survive in the forest. Outdoor activities also help you breathe fresh air and reduce stress after school.

In conclusion, whether you prefer indoor or outdoor hobbies, they are all valuable. You should choose activities to stay happy and healthy in your free time.

Exercise 6: Word Box – Gap Fill

Complete the summary below using words from the box. There are more words than you need.

swimming	*judo*	*indoor*	*cardboard*	*stress*	*violin*	*painting*	*outdoor*

Teenagers can enjoy _____ hobbies inside a building, while _____ hobbies take place in nature. Creative activities like _____ help you express feelings. Active sports like _____ keep your body strong. Both types of hobbies help you relax and reduce _____ after school.

LIVEWORKSHEETS