3. Reading Comprehension 3

Indoor and Outdoor Hobbies

Hobbies usually belong to two main groups: indoor activities and outdoor activities. Both groups offer different benefits for teenagers.

Indoor hobbies are things you do inside a building. Common examples are drawing, painting, or playing computer games. These activities are great when the weather is bad. ***They*** *help you develop your creativity and imagination. For instance, painting allows you to express your feelings through colors.*

On the other hand, outdoor hobbies take place in nature. Popular activities include swimming and going camping. These hobbies are excellent for physical health. Swimming builds strong muscles, while camping teaches you how to survive in the forest. Outdoor activities also help you breathe fresh air and reduce stress after school.

In conclusion, whether you prefer indoor or outdoor hobbies, they are all valuable. You should choose activities to stay happy and healthy in your free time.

Exercise 5: Matching Information

Match the information (1-5) with the correct description (A-E) based on the passage.

1. ---------- **2.** ---------- **3.** ---------- **4.** ---------- **5.** ----------

Hobby / Category	Description / Benefit
1. Indoor hobbies	A. Allows you to express your feelings through colors
2. Outdoor hobbies	B. Activities taking place in nature, like camping
3. Painting	C. Activities done inside a building, like drawing
4. Swimming	D. An outdoor activity to build strong muscles
5. Camping	E. An outdoor activity to learn forest survival

LIVEWORKSHEETS