

USE OF ENGLISH:

Use complements and complete:

- 1) He was upset because he didn't pass the last exam. Therefore, he _____ more for the next one.
- 2) You look sick. You _____ go to the hospital.
- 3) I ate a lot at grandma's house. I regret _____ (TO EAT) so much.
- 4) I have never visited Spain before. I would _____ (TO LIKE - TO GO) there next year.
- 5) My brother broke his leg while he was cleaning the roof. I regret _____ (NOT TO HELP) him.
- 6) I love maths. Therefore, I would _____ (TO LOVE - TO BE) a Math teacher in the future.
- 7) I am so mad at my sister. She _____ (TO ACCUSE) me
_____ (TO STEAL) her new sweater. That 's not true!
- 8) I have decided that this year I will _____ (TO TRY) eat healthier.
- 9) He _____ (TO APOLOGISE) eating the last cupcake.
- 10) We _____ (TO COMPLAIN) having a lot of homework.
- 11) This is a no smoke area. You _____ (x) smoke here.

12) You _____ tell her the truth because she is still mad at you.

NARRATIVE:

Create a short story using the following words

LUCY - HAUNTED HOUSE - FRIENDS - MIKE - INSIST ON - APOLOGISE
FOR - DECIDE TO - SHOULD - REGRET - WANT TO - COMPLAIN ABOUT.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

TENSES:



He is Gabriel Jacoby. He is a musician but he _____ (TO REGRET) _____ (NOT TO STUDY) music at colleague because it _____ have been useful.

..... he is good at what he does, his mother _____ (TO COMPLAIN) about him _____ (TO MAKE) music instead of _____ (TO STUDY) law.

Right now he _____ (TO COOK) with his grandpa while his sister _____ (TO BAKE) a cake.

She is Andrea Ojeda. She is an Argentinian football player. She _____ (TO PLAY) for Boca Juniors 5 years. , she _____ (TO PLAY) for other teams as well.

She _____ (TO LOVE - TO PLAY) football and she _____ (TO ENJOY - TO WATCH) the matches with her friends and family.

She is a striker but she _____ (TO DECIDE - TO PLAY) in other positions. , now she _____ (TO PRACTICE) because she _____ (TO WANT) be a goalkeeper.



READING COMPREHENSION:

Read the text and answer the question:



Why slowing down can actually help you move forward (B1-B2)

Spring is a season full of energy and opportunity. The days are longer, the sun is warmer, and life often feels like it is **accelerating**. People are trying new activities, spending more time outdoors, and changing their routines. It is easy to **feel pressured** to do more and achieve more. However, this **abundance** of energy can sometimes be **intense** and **overwhelming**, causing stress or **fatigue** when too many tasks are started at once.

Slowing down does not mean doing nothing. It means **prioritizing** what truly matters and taking **deliberate** steps. Nature provides a useful example: flowers do not bloom instantly, trees grow **gradually**, and the weather **evolves** little by little. Observing this quiet rhythm can teach an important lesson: **genuine** progress does not need to be rapid. Even small, thoughtfully planned actions can produce significant results over time.

When you slow down, you become more **attentive** to your own life. You notice details—a walk in the park, fresh air, birds singing, or the first **buds** on the trees. These small moments **contribute to** a sense of calm, focus, and **readiness**. You can plan your day more efficiently, organize tasks clearly, and allow yourself moments of rest before new challenges. Slowing down does not **hinder** progress; it creates the conditions for **sustainable** growth.

Spring reminds us that development is **gradual**. You do not need to rush or **attempt** everything at once. By moving **deliberately**, you can conserve energy, appreciate the process, and achieve results that last. Growing in life is not about speed—it is about **conscious** choice, and **consistent** effort. Just like spring, your life can blossom quietly, beautifully, and in its own time.



Discussion Questions

- Do you agree that spring gives people more energy? Why / why not?
- Do you think small steps can really lead to big results?
- What does "slowing down" mean to you? Is it easy or difficult for you to slow down? Why?

@Annie's English attic

LISTENING:

Read the text and answer the question:

<https://learnenglish.britishcouncil.org/free-resources/listening/b2/digital-detox-podcast>

(TASK 1)

