## 3. Reading Comprehension 3

*Indoor and Outdoor Hobbies*

*Hobbies usually belong to two main groups: indoor activities and outdoor activities. Both groups offer different benefits for teenagers.*

*Indoor hobbies are things you do inside a building. Common examples are drawing, painting, or playing computer games. These activities are great when the weather is bad.* ***They*** *help you develop your creativity and imagination. For instance, painting allows you to express your feelings through colors.*

*On the other hand, outdoor hobbies take place in nature. Popular activities include swimming and going camping. These hobbies are excellent for physical health. Swimming builds strong muscles, while camping teaches you how to survive in the forest. Outdoor activities also help you breathe fresh air and reduce stress after school.*

*In conclusion, whether you prefer indoor or outdoor hobbies, they are all valuable. You should choose activities to stay happy and healthy in your free time.*

### Exercise 1: Multiple Choice Questions

*Read the passage and choose the best answer for each question.*

1. What is the main topic of the passage?
   a) The differences and benefits of indoor and outdoor hobbies
   b) The popularity of playing computer games among teenagers
   c) How to stay healthy by swimming and camping in summer
   d) The reasons why outdoor sports are better than drawing
2. Which of the following is an example of an indoor hobby?
   a) Swimming in an outdoor pool
   b) Painting pictures with colors
   c) Gardening in the backyard
   d) Going camping in the forest
3. The word "They" in paragraph 2 refers to _____.
   a) Computer games  b) These activities  c) Different benefits  d) Common examples
4. According to the passage, what benefit does swimming provide?
   a) It reduces your school fees
   b) It helps you make new friends
   c) It builds strong muscles
   d) It teaches you to draw well
5. Why are indoor hobbies great when the weather is bad?
   a) Because they keep you very warm
   b) Because they do not need tools
   c) Because they are free to play
   d) Because you can do them inside

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