James Arthur – Train Wreck

Laying in the _____
Waiting for the _____
Signs, any signs I'm alive still
I don't wanna lose it
But I'm not getting through this
Hey, should I _____? Should I _____? Yeah
To myself? To a God?
To a _____ who can
Unbreak the broken
Unsay these spoken words
Find hope in the hopeless
Pull me out of the train wreck
Unburn the ashes
Unchain the reactions now, not ready to die, not yet
Pull me out of the train wreck
Pull me out, pull me out, pull me out, ah
Pull me out, pull me out
Underneath our bad _____
We've still got a _____, home
Still a home, still a home here
It's not too late to _____ it back
'Cause a one-in-a-million chance
Is still a chance, still a chance
And I would take those odds
[Refrain]
You can say what you like, don't say I wouldn't die for you
I, I'm down on my _____ and I need you to be my God
[Refrain]

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Vocabulary

- bad blood
- to be down on one's knees
- to build something back
- to find hope in the hopeless
- to get through (something)
- to lose it
- one-in-a-million
- to pull someone out (of something)
- reckless words
- sanctum
- signs of life
- spoken words
- to take the odds
- train wreck

Fill in the gaps

Complete each sentence with the correct expression from the box. Use the correct grammatical form where necessary.

1. After losing both his job and apartment, he didn't know how he would _____ the next few months.
2. The investment looked risky, but I'd still _____.
3. After the earthquake, rescuers searched for any _____ under the collapsed buildings.
4. Once _____ can't be taken back, so choose them carefully.
5. His _____ during the interview ruined what could have been a great opportunity.
6. After a stressful day, my tiny reading corner becomes my personal _____ where nobody disturbs me.
7. A good therapist helped _____ her _____ years of anxiety.
8. Even after the fire, the family was determined to _____ their business _____.
9. By the end of the meeting, I was practically _____, begging them to reconsider.
10. When the customer started shouting at everyone, I almost _____ too.
11. Great leaders can _____ even in the darkest situations.
12. The company's finances became such a _____ that no one wanted to invest anymore.
13. Although there had been _____ between the brothers for years, they finally agreed to talk.
14. Getting tickets to that private concert is a _____ chance.

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Match the expression to the situation

1. Your best friend has just lost their job, gone through a breakup, and is looking after a sick parent. They say they don't know how they'll survive the next few months.
Expression: _____

2. A teenager falls into a destructive group, but a teacher notices the problem early and helps them completely change their life.
Expression: _____

3. A historic theatre burns down. Instead of giving up, the local community raises money and restores it over several years.
Expression: _____

4. A man has exhausted every possible option to save his son's life and is begging the doctors for one last chance.
Expression: _____

5. During a live TV interview, the presenter accidentally insults a guest. You can see they're seconds away from completely going off the rails.
Expression: _____

6. Scientists receive terrible news about the environment, yet one unexpected discovery gives everyone a reason to believe the future can still improve.
Expression: _____

7. A celebrity's career is collapsing because of endless scandals, addictions, and public meltdowns. Every new headline makes things worse.
Expression: _____

8. Two business partners haven't spoken for twenty years after accusing each other of betrayal. Even seeing one another makes them angry.
Expression: _____

9. You buy one lottery ticket, fully aware that your chances of winning are almost nonexistent.
Expression: _____

10. A startup has only a 2% chance of succeeding, but you decide the opportunity is worth the risk anyway.
Expression: _____

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11. Rescue teams stop talking for a moment because they think they heard movement under the collapsed building.
Expression: _____

12. During an argument, someone says something cruel. Even after apologizing, everyone knows those comments can't be taken back.
Expression: _____

13. A politician makes impulsive comments on social media without checking the facts, causing a national scandal.
Expression: _____

14. After spending the whole day dealing with noise, deadlines, and people, you lock the door, sit in your favorite chair with a book, and finally feel completely protected from the outside world.
Expression: _____

Speaking

1. What's the hardest period you've ever had to get through, and what helped you survive it?
2. Has anyone ever pulled you out of a difficult situation, or have you done that for someone else? What happened?
3. If you lost something important in your life (a friendship, your confidence, or your health), how would you try to build it back?
4. Have you ever felt down on your knees—so desperate that you didn't know what to do next? What was the situation?
5. What kind of people or situations make you feel like you're about to lose it?
6. Can you think of a time when you managed to find hope in the hopeless, even though everyone else had given up?
7. Have you ever watched a relationship, a project, or an event slowly turn into a complete train wreck? What caused it?
8. Is there anyone you've had bad blood with for a long time? Were you eventually able to forgive them?
9. If you had a one-in-a-million chance to achieve your biggest dream, would you still go for it? Why or why not?
10. Are you the type of person who would take the odds even if success seemed very unlikely? Give an example from your life.

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11. When you're worried about someone who suddenly stops replying to messages, how long do you wait before looking for signs of life?
12. Have spoken words ever changed your life—for better or for worse? What was said?
13. Have you ever said reckless words in the heat of the moment and regretted them later? Did you apologize?
14. Where is your personal sanctum—the place where you feel completely safe, calm, and able to be yourself?
15. What habits help you get through stressful weeks without burning out?
16. If you could build back one part of your life that has changed over the years, what would it be?
17. What small everyday annoyance is most likely to make you lose it, even though it probably shouldn't?

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