CULTURE: THE PARALYMPIC GAMES

PARALYMPIC ATHLETES ▶ 01

1. Watch the video and tick (√) the topics that were mentioned in the video.

Free time	☐	Exercise routine	☐
Training	☐	Sleep	☐
Food	☐	Difficulties	☐
Hobbies	☐	Medals	☐
Weather	☐	Special equipment	☐

2. Watch the video again and circle T (True) or F (False) according to the video.

1. A Paralympic athlete is an athlete like a runner or swimmer with special skills. T / F
2. All Paralympic athletes are strong. T / F
3. Paralympic athletes never get up early. T / F
4. Paralympic athletes always eat breakfast before they train. T / F
5. Paralympic athletes sleep around six hours a day. T / F
6. Paralympic athletes focus on three activities in a day: train, eat and sleep. T / F
7. Paralympic athletes can be all ages, some have families, some go to school and others work. T / F
8. Paralympic athletes work hard and are always training for the next event. T / F

LIVEWORKSHEETS