

A

Everyday food

Would you like some **bread**?

I love sushi because I love **rice**.

Pasta is good for you, but don't eat too much!

I always put **salt** on my **chips**, but not **pepper**.

My sister never eats **meat** or **fish**. She's **vegetarian**.

Do you take **sugar** in **tea** or **coffee**?



Common mistakes

Can I have **some bread**? [NOT Can I have a bread?]

B

Fast food

I eat **hamburgers**, **hot dogs** and **pizzas** when I don't have much time.

Fish and chips is popular in Britain, Australia and New Zealand.



C

Fruit /fru:t/ and vegetables /'vedʒtəbəlz/

Vegetables are good for you. **Fruit** is also good for you. (singular, uncountable)

Vegetables



carrots

beans



potatoes



tomatoes



peas



onions /'ʌnjənz/



garlic



mushrooms

Fruit

orange
/'ɒrɪndʒ/

apple



banana

pear
/peə/

grapes

strawberries
/'strɔ:brɪz/pineapple
/'paɪnæpl/

Common mistakes

I love **fruit** [NOT I love fruits].

D

Drinks



tea



coffee



milk



fruit juice



beer



wine

mineral
water

Tip

Go to a supermarket. How many different kinds of food or drink have English names on them?

Try to learn some of them.

Exercises

10.1 Complete the sentences. Use words from the opposite page.

- 1 Rice is popular in Japan.
- 2 and are very popular in Italy.
- 3 Chips are made from
- 4 Many British people eat
- 5 Hamburgers are made from
- 6 A is a sausage inside a piece of bread.

10.2 Put these words into two lists: fruit and vegetables.

beans pineapple grapes onions apple carrot garlic pear mushrooms

fruit	vegetables
	beans

10.3 Write the names of these fruit and vegetables.



1 banana



3



5



2



4



6

10.4 Here are the names of some drinks with the letters mixed up. What are they?

- | | |
|------------------------|-----------------------|
| 1 eta <u>tea</u> | 4 fecofe |
| 2 rebe | 5 rituf eciju |
| 3 klim | 6 nilemar retaw |

10.5 Choose a, b or c.

- 1 Vegetarians do not eat a) vegetables b) meat c) fast food.
- 2 Garlic is a kind of a) fruit b) fast food c) vegetable.
- 3 You put a) salt b) beer c) sugar in coffee.
- 4 Which is correct a) pinapple b) pineapple c) pieapple?
- 5 The first sound in onion is the same as the sound in a) fun b) orange c) man.
- 6 A pear is a) a drink b) a vegetable c) a fruit.

10.6 What are your four favourite foods? And your three favourite drinks? Are they good for you? Use a dictionary to help you.