Unit 4: LIFESTYLES - Review

Exercise 1. Cloze Test

Choose the best answer (A, B, C or D) to complete the following passage.

Many young people today want to **live life to the full** by learning new skills and helping others. They often (1) _____ volunteer activities because these experiences allow them to meet new friends and develop useful life skills. Working with people from (2) _____ also helps them understand different opinions and cultures. Although volunteering does not help them (3) _____ immediately, it gives them a sense of (4) _____ and encourages them to become more responsible citizens. Such experiences can also (5) _____ them to work harder for their future.

1.	A. participate	B. take part in	C. play a role	D. make a decision
2.	A. cost of living	B. standard of living	C. all walks of life	D. lifelong ambition
3.	A. make a living	B. lead a happy life	C. set a goal	D. miss an opportunity
4.	A. fulfillment	B. attitude	C. appeal	D. outlook
5.	A. motivate	B. motivate on	C. motivation	D. motivated

Exercise 2. Multiple-choice Questions

Choose the best answer A, B, C or D.

1. Students should _____ a goal at the beginning of each school year.

   A. make B. take C. set D. play

2. My parents always encourage me to _____ every opportunity to learn new things.

   A. miss B. make C. take D. meet

3. Although Nam failed several times, he remained an _____ and kept trying.

   A. realist B. pessimist C. optimist D. volunteer

4. This volunteer programme has great _____ to high school students because it helps them develop life skills.

   A. insight B. appeal C. fulfillment D. outlook

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5. Taking part in community activities gives students a sense of _____.

   A. pressure B. fulfillment C. attitude D. appeal

6. Teachers should encourage students to _____ class discussions instead of just listening.

   A. motivate B. participate in C. make a living D. put pressure on

7. My uncle works very hard to _____ and support his family.

   A. live life to the full B. make a living C. play a role D. set a goal

8. Parents should avoid putting too much _____ their children before exams.

   A. need B. appeal C. pressure on D. fulfillment

9. We should respect people from _____ because everyone has something valuable to contribute.

   A. standard of living B. all walks of life C. lifelong ambition D. living expenses

10. A good teacher can _____ students to believe in themselves.

    A. motivate B. participate C. appeal D. miss

Exercise 3. Guided writing

Use the prompts to write complete sentences.

1. I / be / optimist / because / believe / every problem / have / solution.

   _____

2. students / should / take part in / volunteer activities / develop / life skills.

   _____

3. parents / should not / put pressure on / children / choose / career.

   _____

4. my lifelong ambition / become / doctor / help / people.

   _____

5. education / play / important role / improve / standard of living.

   _____

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6. everyone / need / set / goal / future

_____

Exercise 5. Complete each sentence with ONE suitable phrase.

lead a happy life	live life on the edge
live life to the full	make a choice
make a decision	make a living
meet a need	miss an opportunity
play a role	put pressure on
set a goal	take part in
work hard for a living	

1. Everyone wants to _____ with their family.
2. She doesn't want to _____ because she enjoys adventure.
3. We should _____ while we're still young.
4. You must _____ before it's too late.
5. My parents _____ to support our family.
6. New technology can _____ in improving education.
7. Teachers shouldn't _____ students unnecessarily.
8. He earns money by teaching English to _____.
9. Don't _____ to study abroad.
10. We all _____ the school's environmental campaign.
11. This new product is designed to _____ of busy workers.
12. If you want success, first _____.

Choose the best word from the box. (You may need to change the word form.)

optimist • pessimist • risk-taker • realist • attitude • fulfillment • insight • outlook • appeal • motivate • participate

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1. My brother is an _____. He always believes everything will turn out well.
2. You need a positive _____ if you want to overcome difficulties.
3. She decided to _____ in the charity event last weekend.
4. He is a _____, so he carefully considers both advantages and disadvantages before making decisions.
5. The manager's speech really _____ the employees to work harder.
6. Many young people seek personal _____ rather than just a high salary.
7. Her book gives readers valuable _____ into modern education.
8. The idea has great _____ for teenagers.
9. Don't be such a _____. Things aren't always as bad as you think.
10. Tom is a real _____; he enjoys trying extreme sports.

Exercise 4. Open-ended Questions

Answer each question in **2–4 sentences**.

1. What qualities do you think an **optimist** should have?

2. Have you ever **taken part in** a volunteer activity? What did you learn from it?

3. What is your **lifelong ambition**, and why is it important to you?

4. Do you think parents should **put pressure on** their children to get good grades? Why or why not?

5. What can students do to **live life to the full** while still being responsible?

6. In your opinion, how can schools **motivate** students to learn English more effectively?

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7. Who has played an important role in your life? Explain your answer.

8. Describe a **once-in-a-lifetime opportunity** that you have experienced.

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