PAST SIMPLE TENSE
HEALTHY HABITS

Fill in the blanks with the correct form of the verb in brackets in the Past Simple.

1. Yesterday, I _____ (drink) two liters of water.
2. She _____ (eat) a healthy breakfast before school.
3. We _____ (go) for a walk after dinner.
4. My brother _____ (sleep) for eight hours last night.
5. They _____ (have) fruit instead of candy.
6. He _____ (do) yoga on Saturday morning.
7. I _____ (feel) much better after my workout.
8. My parents _____ (make) a fresh salad for lunch.
9. She _____ (take) the stairs instead of the elevator.
10. We _____ (see) many people running in the park.
11. The children _____ (drink) milk with their breakfast.
12. I _____ (get) up early to go jogging.
13. He _____ (write) his fitness goals in a notebook.
14. My friend _____ (buy) fresh vegetables at the market.
15. They _____ (come) home after their swimming lesson.
16. She _____ (give) her friend a healthy snack.
17. I _____ (find) a great recipe for vegetable soup online.
18. We _____ (begin) our exercise class at 8:00 a.m.
19. He _____ (leave) his phone at home during his walk.
20. My family _____ (choose) healthy meals all week.

LIVEWORKSHEETS