

Reading activity - Daily routine

"A Day in the Life of Emma"

Emma is a thirteen year old student who lives in Manchester, England. Every day, she follows almost the same routine. She wakes up at 6:45 in the morning, but she doesn't get up immediately, she stays in bed for five minutes before getting up. Then, she takes a quick shower and gets dressed for school.

At 7:15, Emma has breakfast with her family. She usually eats toast with jam and drinks a glass of orange juice. She never skips breakfast because she says it gives her energy for the day. After breakfast, she brushes her teeth and packs her school bag.

Emma doesn't go to school by car. Instead, she walks to the bus stop with her younger brother, and they catch the school bus at 7:50. School starts at 8:30 and finishes at 3:30 in the afternoon. During the day, she has six classes, and her favorite subject is Art.

When Emma gets home, she has a snack and starts her homework right away. She thinks it's better to do homework before dinner so she has more free time later. Around 6:00 pm, she usually plays basketball with her friends in the park, or sometimes she practices the guitar at home.

The family has dinner together at 7:30 pm. They always talk about their day while they eat. After dinner, Emma watches TV for a while or reads a book. She goes to bed at 9:30 pm because she knows that sleep is important for school the next day.

Emma's routine is simple, but she says it helps her stay organized and do well in school.

Read the passage carefully, then answer the questions below.

Circle the correct answer.

1. What time does Emma wake up?

- a) 6:00 am
- b) 6:45 am
- c) 7:15 am
- d) 7:50 am

2. What does Emma usually have for breakfast?

- a) Cereal and milk
- b) Eggs and coffee
- c) Toast with jam and orange juice
- d) Pancakes and tea

3. How does Emma get to school?

- a) By car
- b) By bike
- c) By bus
- d) On foot

4. What does Emma do before dinner?

- a) Watches TV
- b) Does her homework
- c) Goes to bed
- d) Takes a shower

True or False

Write T (True) or F (False). If the sentence is false

1. Emma gets up immediately when she wakes up. _____

2. School starts at 8:30 am and finishes at 3:30 pm. _____

3. Emma goes to bed at 10:30 pm. _____

Match the activity in Column A with the correct time or detail in Column B.

Column A

Wakes up

Catches the bus

Has dinner with family

Column B

a) 7:30 pm

c) 6:45 am

d) 7:50 am

