PETER'S ROUTINE

He is talking to his friend Lucy about his daily routine. Read their conversation to see how they manage their good and bad habits and **complete it with the correct form of the verb in the present simple**. Use the verbs in brackets () to fill in the blanks.

Lucy: Hey Peter! How's the new music album going? You look tired.

Peter: Hey Lucy. Yeah, I'm exhausted. I _____ (not sleep) well these days.

Lucy: Really? Why? What time do you go to bed?

Peter: I finish my concerts late, so I _____ (go) to bed at 3:00 AM. Then, I _____ (not wake up) early, and I miss the morning sunshine.

Lucy: Oh, Peter, that's a bad habit! You need a better routine. Do you exercise?

Peter: Yes, I do! I _____ (go) to the gym three times a week and I _____ (do) exercise. That helps a lot. But my diet is terrible. I _____ (not cook) dinner; I just _____ (eat) fast food after my shows.

Lucy: Oh, no. Fast food gives you a lot of heavy energy before bed. Look at me—I _____ (not eat) junk food at night. I always _____(make) a vegatable soup.

Peter: I know. What about Tom? He _____ (not cook) either, right?

Lucy: No, Tom _____ (play) video games all day and he _____ (drink) a lot of soda instead of water. It's so unhealthy.

Peter: Wow. At least I _____ (not drink) soda, and I _____ (drink) water every morning.

Lucy: That's true! You _____ (have) some good habits, Peter. You just need to change the bad ones. Come on, let's go for a walk.

LIVEWORKSHEETS