My Daily Routine

Read the text and complete the activities.

Hi! My name is Lucas. I have a busy but fun day every day.

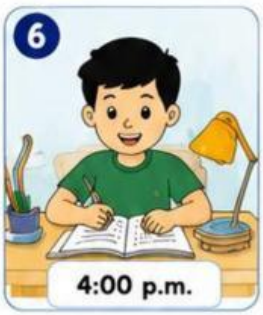
I wake up at 7:00 a.m. I get up, brush my teeth and take a shower. Then, I get dressed and eat breakfast with my family.

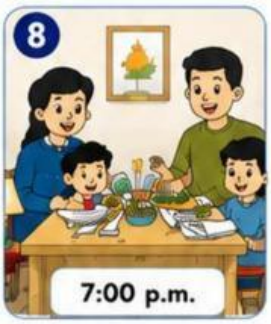
I go to school by bus at 7:45 a.m. School starts at 8:00 a.m. My favorite subject is English because I like reading stories and learning new words.

In the afternoon, I come back home at 3:30 p.m. I have lunch and then I do my homework. After that, I play soccer with my friends in the park.

In the evening, I have dinner with my family. Before bed, I read a book for a few minutes. I go to bed at 9:30 p.m.

I love my daily routine!





A. MULTIPLE CHOICE: Choose the correct answer.

1. What time does Lucas wake up?
   a. 6:30 a.m. b. 7:00 a.m. c. 7:30 a.m. d. 8:00 a.m.
2. How does Lucas go to school?
   a. By car b. By bike c. By bus d. On foot
3. What is Lucas's favorite subject?
   a. Math b. Science c. English d. Art
4. What does Lucas do before bed?
   a. He watches TV. b. He plays video games. c. He reads a book.
   d. He listens to music.

Great job! Keep going!

LIVEWORKSHEETS

B. TRUE OR FALSE: Read the sentences and choose True or False.

1	Lucas takes a shower in the morning.	True	False
2	School starts at 9:00 a.m.	True	False
3	Lucas plays soccer in the morning.	True	False
4	He does his homework after lunch.	True	False
5	He has dinner with his family.	True	False
6	Lucas goes to bed at 10:00 p.m.	True	False
7	Lucas has lunch at school.	True	False

C. MATCHING: Match the activities with the correct time or place.

1. Wake up •
2. Go to school •
3. Read a book •

a. At 7:00 a.m.
b. By bus
c. After dinner
d. In the morning
e. At 3:30 p.m.
f. At 9:30 p.m.

You did it! Well done! 😊

LIVEWORKSHEETS