

READING ACTIVITY

★ MY DAILY ROUTINE ★

Read the text and answer the activities.

Hi! My name is Anna. I am 13 years old. I have a busy but happy day. I always get up at 6:30 a.m. I wake up, make my bed and take a shower. Then, I have breakfast with my family at 7:00 a.m. I go to school at 7:30 a.m. School starts at 8:00 a.m. I have classes until 2:30 p.m. After school, I come home and have lunch at 3:00 p.m. Then, I do my homework and study for an hour. In the afternoon, I usually read a book or listen to music. I also help my mom with the house. I have dinner at 7:00 p.m. After dinner, I watch TV for a while and talk with my family. I go to bed at 10:00 p.m. I think a good routine helps me stay healthy and do well in school.



6:30 a.m.
I get up.



7:00 a.m.
I have breakfast.



7:30 a.m.
I go to school.



8:00 a.m. -
2:30 p.m.
I have classes.



3:00 p.m.
I have lunch.



4:00 p.m.
I do my homework.



5:00 p.m.
I read a book or listen to music.



6:00 p.m.
I help my mom.



7:00 p.m.
I have dinner.



10:00 p.m.
I go to bed.



A. MULTIPLE CHOICE

Choose the correct answer.



- What time does Anna get up?
a) 6:00 a.m. b) 6:30 a.m. c) 7:00 a.m.
- What does Anna do after school?
a) She watches TV.
b) She has lunch.
c) She goes to bed.
d) She plays with her friends.
- What does Anna do in the afternoon?
a) She studies all day.
b) She reads a book or listens to music.
c) She plays video games.
d) She goes to the park.
- What time does Anna go to bed?
a) 9:00 p.m. b) 9:30 p.m. c) 10:00 p.m. d) 10:30 p.m.



B. TRUE OR FALSE

Write True or False.



- Anna has breakfast at 6:30 a.m. _____
- School starts at 8:00 a.m. _____
- Anna watches TV before dinner. _____



C. MATCHING

Match the activities with the correct time.



- | | | | |
|----------------------|---|---|--------------|
| 1. I have breakfast. | • | • | a) 7:30 a.m. |
| 2. I go to school. | • | • | b) 7:00 p.m. |
| 3. I have dinner. | • | • | c) 7:00 a.m. |

