Putting words together... 4.3

- If you are **in a good mood**, you are feeling happy and if you are **in a bad mood**, you are feeling angry.
- If you **start crying**, you begin to cry and if you **start laughing**, you begin to laugh.
- If you **look happy/sad**, etc. or **seem happy/sad**, etc., your face or your actions make other people think you are happy/sad, etc.
- If you **feel excited/angry**, etc. you are excited/angry, etc.
- If someone or something **makes** you **happy/angry/furious**, etc., they cause you to feel that way.
- If you **show your feelings**, you let other people know what emotions you are feeling and if you **hide your feelings**, you do not.

Exercise 4 4.4

Listen and read, then use the words from the box to complete the dialogues.

show mood makes disappointed good excited seem ~~okay~~

Alex: Are you [1] *okay* , John?

John: Yeah, I'm all right. Why do you ask?

Alex: Well, you [2]_____ a bit upset. Are you in a bad [3]_____ after losing the football match yesterday?

John: I guess I am. I'm really [4]_____ that we lost because I really wanted to win that match and I thought we played well.



Suzi: It was nice to see your sister looking so happy this morning, Megan. Why was she in such a [5]_____ mood?

Megan: She had an email from her boyfriend. That always [6]_____ her happy.

Suzi: Is she upset that he decided to study in London?

Megan: Well, she doesn't [7]_____ her feelings much, but it must be hard for her. He's coming home for the summer, though, and she's very [8]_____ about that.

Asking about someone's mood 4.5

To ask someone if they are upset, say:

- *Are you okay?* or *Are you all right?*

To reply that you are not upset, say:

- *Yes, I'm okay, thanks.* or *Yes, I'm all right, thanks.*

Exercise 5

Match the things that have happened (1–6) with the emotions (a–f).

1 Last year I won $20,000 in a competition.
2 I remember that day last summer. It was the day before my holiday.
3 It was the day before my final exam.
4 My friend sent me a really funny email.
5 I failed my driving test.
6 My boyfriend forgot my birthday.

a I seemed calm, but I felt really nervous inside.
b I was so disappointed that I started crying.
c I felt so excited, thinking about the next day, that I couldn't sleep.
d I was absolutely amazed – I couldn't stop smiling.
e I was absolutely furious with him and I didn't try to hide my feelings.
f I started laughing when I read it.

Use the words you've learned...

Describe a situation in which you showed or hid your feelings.

LIVEWORKSHEETS