

READING COMPREHENSION

I. Read the article. Then **answer** True or False according to the article.

Home Remedies

Do home remedies really work? Many people say yes. Try these easy home remedies.

A Cold What can you do for a cold? Many people eat hot chicken soup. Other people drink hot tea with lemon.	A Headache What about a headache? Put a cold cloth on your head, or put cold water on your face. You can also put your hands in hot water. This can help.
A Backache Rest on your back for two to four hours. Don't use your back and shoulders to lift things. To help your backache, try yoga.	Insomnia Can't sleep at night? Drink a large glass of warm milk, or take a very warm bath before you go to bed.

1. Drinking hot tea with lemon can help when you have a cold. _____
2. You should lift heavy things with your back and shoulders if you have a backache. _____
3. Putting a cold cloth on your head may help with a headache. _____
4. If you have insomnia, you should drink a cold glass of milk before bed. _____

II. Read the article. Then **complete** the sentences.



Home Alone

Zachary Carson, 17, had a terrible weekend. His parents went to visit his grandparents, but he stayed home. He got up early on Saturday and went to the laundry room to do laundry.

He put his clothes in the washing machine. Then he tried to leave the room, but the door was locked! He pushed on the door, but it didn't open. There wasn't a window in the room.

Luckily, Zachary had food to eat. There was a closet in the laundry room with some groceries in it. He also had a place to sleep. He put some clothes from the laundry on the floor and slept on them.

His parents came home Sunday morning and found Zachary in the laundry room. "We called Zach late Saturday night, but he didn't answer the phone," said his father, "so we came home early. We're just happy he's all right."

1. Zachary got up early on Saturday and _____.
2. Zachary slept on _____.
3. Zachary's parents came home because Zachary _____.