

VOCABULARY ABOUT FOOD AND DRINK:

TASK 1 :

chua:.....	Đắng :	Mặn:	Sống:.....
Cay :	Thơm :	Ngọt:	Ngon :.....

TASK 2 :

1 Complete the food and drink adjectives.

- 1 Lemons have a taste.
- 2 Sushi is a Japanese food usually made with cold rice, vegetables and r..... fish .
- 3 fruit is really healthy for you.
- 4 Dark chocolate has taste. because it doesn't have much sugar.
- 5 Ice cream is a delicious dessert.
- 6 Curry is a dish originally from India.
- 7 Lemonade is a drink made with lemon juice, water and sugar.
- 8 Oranges are a really j..... fruit.
9. Have you ever tried yoghurt ice cream? It's so tasty, and much healthier too!
- 10.Of all the citrus fruits, grapefruit probably tastes the most

TASK 3: Write adjectives from Exercise 1 to describe the food and drink. Then add another food word from the box that each adjective describes.

cakes chilli peppers dark chocolate grapefruit kiwis peas salmon ~~vegetables~~

- 1*fresh*..... fruit, ...*vegetables*.....
- 2 pineapples, ...
- 3 coffee, ...
- 4 ice lollies, ...
- 5 biscuits, ...
- 6 lemons, ...
- 7 sushi, ...
- 8 curry, ...

TASK 4 Write sentences with the correct form of look, taste or smell.

- 1 bin / disgusting
You should put out the rubbish.
- 2 lasagne / delicious.....
Mum makes the best one I've ever eaten!
- 3 You / horrible.....
I've been jogging, so I'll go and take a shower.
- 4 That / not / good.....
It's a bit burnt. I don't want to taste it either!
- 5 kiwis / sweet and juicy / ?.....
Yes, they're really yummy!
- 6 cake / really tasty.....
Can I try some, please?

TASK 5

Reading Passage: The Future of Food

In the future, the way we eat may change completely.

Scientists are working on new kinds of food to help solve problems like hunger, climate change, and poor nutrition. One possible solution is **lab-grown meat**. This meat is made from animal cells but doesn't require raising or killing animals. It could reduce the environmental damage caused by traditional farming.

Another future food is **insects**. In many countries, people already eat bugs like crickets and mealworms because they are high in protein and easy to farm. Eating insects could become more popular worldwide, especially as the global population continues to grow.

Finally, **3D-printed food** is being developed. With this technology, people can create customized meals using printers and special ingredients. It could help people with special diets or health needs.

Although these ideas may sound strange, they could help make our food system healthier, more sustainable, and more fair for everyone.

Vocabulary Support:

- **Lab-grown meat:** thịt nuôi trong phòng thí nghiệm
- **Sustainable:** bền vững

Customized: được cá nhân hóa

Comprehension Questions:

1. What is the main idea of the passage?

- A. Traditional food is always better.
- B. Future food will be more expensive.
- C. New food technologies may solve global problems.
- D. People will only eat insects in the future.

2. What is one benefit of lab-grown meat?

- A. It tastes better than real meat.
- B. It is more expensive to produce.
- C. It helps reduce environmental damage.
- D. It can be printed in 3D.

3. Why are insects considered a good future food option?

- A. They are easy to cook.
- B. They are high in protein and easy to farm.
- C. They are only eaten in Asia.
- D. They don't require technology.

4. What is special about 3D-printed food?

- A. It can only be eaten by sick people.
- B. It is made with insects.
- C. It allows personalized meals for different needs.
- D. It is grown in a lab.

TASK 6

Reading: Anna's Eating Habits

Anna is a university student. She lives away from home, so she has to cook for herself. In the morning, she usually eats a quick breakfast like cereal or toast with a cup of tea. She knows breakfast is important, but she doesn't always have time to prepare a big meal.

For lunch, Anna often eats at the university cafeteria. She tries to choose healthy food, like salad, rice, and grilled

1. Why does Anna cook for herself?

- A. Because she is a chef.
- B. Because she lives with her family.
- C. Because she lives away from home.

2. What does Anna usually eat for breakfast?

- A. Noodles and coffee
- B. Cereal or toast
- C. Salad and chicken

chicken. Sometimes, when she is very busy, she just grabs a sandwich or a slice of pizza.

In the evening, she enjoys cooking dinner. She likes making pasta, stir-fried vegetables, or soup. Anna drinks lots of water during the day and avoids soft drinks. On weekends, she sometimes eats out with her friends, but she tries not to eat too much fast food. Anna believes that eating well helps her feel better and study more effectively.

3. When does Anna eat at the university cafeteria?

- A. In the morning B. At lunchtime
C. On the weekend

4. What kind of drinks does Anna avoid?

- A. Juice B. Milk C. Soft drinks

5. What does Anna think about eating well?

- A. It helps her feel and study better B. It takes too much time
C. It's only for athletes