

Task A - Before you read (talk about it).

1. Look at the title.

1. What do you think the article will be about?

_____.

2. Do you ever leave important work until the last minute? How does it make you feel?

_____.

Task B - Key vocabulary (match with arrows).

Draw an arrow from each word (1-8) to its correct meaning (a-h).

1) procrastination a) worried or nervous

2) delay b) a piece of work that must be done

3) task c) the habit of delaying things you have to do

4) deadline d) to decide you are no longer angry with someone

5) distraction e) something pleasant you get after doing something

6) anxious f) to make something happen later than planned

7) reward g) the time by which something must be finished

8) Forgive h) something that stops you from concentrating