VOCABULARY Food

1 **Look at the texts and find these words.**

0 This is the first meal of the day. *breakfast*
1 This is sweet and you have it at the end of the meal.
2 You have this when you don't need a big meal.
3 You have this meal in the middle of the day.
4 This is a drink made from fruit.
5 This is the last meal of the day.
6 This is the largest or most important part of the meal.

Three young people from around the world describe a typical school day

A Onni – Finland

I get up at 8.00 am. For breakfast I have cereal and milk, with orange **juice**. After breakfast, I meet my friend, and we go to school together on the metro. Some days school starts at 9.00 but on other days at 10.00. We don't wear a uniform, and we call our teachers by their first name. We all get a free lunch at school – meat or fish with vegetables for the **main course** and fruit for **dessert**. School usually finishes at 2.45, and after that I go to music lessons or drama club. I have a **snack** in the evening before bed.



B Diego – Mexico

I wake up at 6.00 am, have a shower and put on my uniform. My breakfast is coffee, with bread and cheese or avocado. At 7.00 am, it's time to go to school. Sometimes I walk, but often my mum drives me. Classes begin at 8.00 and finish at 2.30. After that, I have my art class. I have **lunch** at about 3.00, and then I do my homework. I do it till 6.00 or 7.00. After that, I go on the internet, or watch TV with my family. I have **dinner** at about 8.00.

C Aban – Ghana

My mother wakes me and my sister up at 5.00 am. I water the plants in the garden, and my sister prepares the food for the evening meal. Then we put on our school uniforms and brush our teeth. We leave the house at 6.30 and buy **breakfast** on our way to school. Lessons are from 7.30 to 2.30 pm. Lunch is at school – today, it's rice and tomatoes. I like it, but my sister doesn't! After school I have my football class, and in the evening I watch TV before bed.



LIVEWORKSHEETS

2 Match the photos to the words in the box.

EP

avocado bread cabbage cereal
cheese cucumber fish fruit honey
hot chocolate jam mango pasta toast
tomatoes rice vegetables yoghurt

18 **Listen and check. Then repeat.**




















3 Think of ten more food words. In pairs, compare your words. Then ask and answer these questions.

1 What's your favourite food? What don't you like?
2 What do you have for breakfast?
3 What time do you have dinner? What do you have?
4 What snacks do you have every day?

LIVEWORKSHEETS

PRONUNCIATION | The sound /ə/

4 19 **Listen and repeat.**

breakfast dinner vegetables

5 20 **Listen and repeat.**
One word has two /ə/ sounds.
Which word is it?

pasta chocolate banana salad
tomato yoghurt cucumber

LISTENING

1 **Read the poster. What do you think of these tips?**



2 **Listen to the radio show. You will hear a woman asking six students about getting up in the morning. Match each student to the correct tip. There is one tip you do not need.**

Student 1	Tip A
Student 2	Tip B
Student 3	Tip C
Student 4	Tip D
Student 5	Tip E
Student 6	Tip F
	Tip G

3 **Listen again and check. Then in small groups, discuss the questions.**

1 Which of the tips do you think are useful? Which are not useful?
2 Can you think of other tips for getting up in the morning?
3 Is getting up in the morning easy or difficult for you?

LIVEWORKSHEETS