

## GRAMMAR

### Present continuous and present simple

- 1 Look at the examples from the listening. Write *simple* or *continuous*.

Present \_\_\_\_\_

Today, I'm  talking  about my morning routine.

I'm  having  cereal with fruit  today .

At the moment, I'm  wearing  my favourite T-shirt.

I'm  leaving  the house  now .

I'm  not wearing  my uniform  today .

Present \_\_\_\_\_

I  never have  a shower in the morning.

I  always check  my messages in the morning.

I  sometimes have  toast and butter.

I  usually wear  my uniform.

I  don't usually have  a shower in the morning.

- 2 Complete the rules with the underlined words.

We often use the **present simple** with words like \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

We often use the **present continuous** with words like \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

## UNIT 2

### PRESENT CONTINUOUS AND PRESENT SIMPLE

#### PRESENT SIMPLE

Positive	I/You/We/They <b>play</b> volleyball. He/She/It <b>goes</b> running.
Negative	I/You/We/They <b>don't</b> paint pictures. He/She/It <b>doesn't</b> write poems.
Questions	Do I/you/we/they <b>sit</b> near the window? Does he/she/it <b>live</b> near here?
Short answers	Yes, I/you/we/they <b>do</b> . No, I/you/we/they <b>don't</b> . Yes, he/she/it <b>does</b> . No, he/she/it <b>doesn't</b> .

We use the **present simple** to talk about things we do often or every day.

*I **play** football after school every day.*

*He **doesn't** go skating in the summer.*

## UNIT 1

### ADVERBS OF FREQUENCY

- We use the present simple to talk about things we do often or every day.

100% *I **always** play table tennis in the summer.*

↑ *I **usually** go sailing with my dad.*

↕ *I **often** do athletics with my friends.*

↓ *I'm **sometimes** late for school.*

0% *I'm **never** unhappy.*

- We use the present simple with **adverbs of frequency** to say **how often** we do things.  
*How **often** do you go snowboarding?*  
*We **sometimes** go snowboarding in the winter.*
- With the verb **be**, we put the adverb after the verb and before the adjective.  
*Are you **sometimes** tired after school?*  
*Yes, I'm **often** tired. / No, I'm **not often** tired.*
- With other verbs in the present simple, we put the adverb before the main verb.  
*Do you **often** play hockey at school?*  
*Yes, I **often** play hockey. / No, I **don't often** play hockey.*
- Remember, we use **never** with positive verbs.  
*I **never** go snowboarding. (not I don't never go...)*

## UNIT 2

## PRESENT CONTINUOUS AND PRESENT SIMPLE

### Present continuous

Positive	I'm (am) waking up. You/We/They're (are) getting dressed. He/She/It's (is) eating breakfast.
Negative	I'm (am) not brushing my hair. You/We/They aren't (are not) going to school. (or You/We/They're not going to school.) He/She/It isn't (is not) helping. (or He/She/ It's not helping.)
Questions	Am I eating lunch? Are you/we/they making breakfast? Is he/she/it drinking hot chocolate?
Short answers	Yes, I am. No, I'm not. Yes, you/we/they are. No, you/we/they aren't. (or you/we/they're not.) Yes, he/she/it is. No, he/she/it isn't. (or he/she/it's not.)

### SPELLING: -ING FORM

#### Present continuous

most verbs add -ing	go → going brush → brushing eat → eating
verbs ending in -e: remove -e and add -ing	wake → waking have → having
verbs ending in -ie: change the -ie to -y and add -ing	lie → lying
one-syllable verbs ending in a consonant + a vowel + a consonant (except w, x or y): double the consonant and add -ing	get dressed → getting dressed shop → shopping
two-syllable verbs ending in a stressed vowel + a consonant: double the consonant and add -ing	begin → beginning (but open → opening)
In British English, we double the final l in travel.	travel → travelling (American English: travel → traveling)

We use:

- the **present simple** to talk about things we do often or every day. We often use it with frequency adverbs such as *often, usually, always and never*.  
*We often eat salad in the summer.*
- the **present continuous** to talk about things we're doing now or at the moment. We often use it with words such as *now, at the moment and today*.  
*I'm preparing my school bag at the moment.*

## Practice

### 1 Write complete sentences in the present continuous.

- 0 My brother / make sandwiches at the moment.  
*My brother's making sandwiches at the moment.*
- 1 We / serve dinner now.  
\_\_\_\_\_
- 2 I / not going to school this morning.  
\_\_\_\_\_
- 3 What / you make?  
\_\_\_\_\_
- 4 My friends / not go cycling at the moment.  
\_\_\_\_\_
- 5 your best friend / sit next to you?  
\_\_\_\_\_


### 2 Choose the correct words to complete the sentences.

- 1 We never eat / 're never eating dinner at a restaurant.
- 2 I go / 'm going swimming after school every day.
- 3 Shh! My baby brother sleeps / 's sleeping at the moment.
- 4 What do you usually have / are you usually having for breakfast?
- 5 Are you watch / watching TV now? No, I'm not / it isn't.
- 6 My mum doesn't work / isn't working today. She's on holiday.
- 7 We always go / are always going to school by bus.

### 3 Complete the sentences so they are true for you.

- 1 For breakfast, I often \_\_\_\_\_.
- 2 My friends and I sometimes \_\_\_\_\_ after school.
- 3 At the moment, my best friend \_\_\_\_\_.
- 4 I'm \_\_\_\_\_ and shoes today.
- 5 On Friday afternoon, I usually \_\_\_\_\_.
- 6 I \_\_\_\_\_ now.

### 4 Correct the mistakes in the sentences.

-  *is getting*
- 0 My cousin gets married today.
- 1 How are you? I write to you to give you some news.
- 2 What do you do at the moment?
- 3 My brother and I are not going swimming every day.
- 4 My mum is only working in the mornings.
- 5 We usually are eating a big breakfast on Sunday.

**5** Make sentences with the present simple and present continuous. Use *usually* and *today* or *at the moment*.

- 0 walk to school / go by bus.  
*I usually walk to school, but today I'm going by bus.*
- 1 have a sandwich for lunch / spaghetti  
2 watch TV after school / do my homework  
3 play football on Saturday / play tennis  
4 get up at seven o'clock / eight o'clock  
5 have a shower / have a bath

**6** Put the words in order to make questions.

- 1 your / the / moment / friend / what / doing / is / at?  
2 bed / do / go / you / what / usually / to / time?  
3 school / do / get / home / how / from / you?  
4 sitting / is / teacher / at / down / your / the / moment?  
5 sun / today / shining / is / the?  
6 day / do / every / get / at / same / up / the / time / you?

Now match the questions to the correct answer.

- a No, it isn't.                      d Yes, he is.  
b 10 pm.                              e She's sleeping.  
c I walk.                              f Yes, I do.

In pairs, ask and answer the questions.

**7** Work in pairs. Student A, mime an activity in the box. Student B, guess what it is.

catch a bus      check your messages  
do some homework      go to sleep  
paint a picture      play football  
prepare lunch      put on your coat  
take a photo



Are you putting on your sunglasses?

Are you taking a photo?

No

Student A, when Student B guesses the activity, give more information:

I go to a photography club every Friday. It starts at 7 pm. I go there by bus.

Student B, ask more questions.