

1 Complete the sentences with the present simple form of the verbs in the box.

go not go not play play study watch

- 1 I _____ basketball in a team.
- 2 My teacher _____ sailing when the weather is bad.
- 3 My brother _____ TV after dinner every day.
- 4 _____ your mum _____ running before work?
- 5 My friends and I _____ rugby at the weekend. We prefer football.
- 6 My best friend always _____ hard before an exam.

6 Put the words in order to make sentences and questions and questions.



- 0 often / school / plays / my friend / after / football
My friend often plays football after school.
- 1 welcome / sports / are / in / our / club / always / you
- 2 Mondays / do / on / athletics / never / we
- 3 skating / brother / she / go / her / usually / does / with / ?
- 4 table tennis / students / not / often / do / school / play / at
- 5 cycling / and / her sister / at / the weekend / sometimes / Lizzie / go /

2 Rewrite the sentences with the adverbs of frequency in brackets in the correct place.

0 I watch sport on TV. (never)

I never watch sport on TV.

1 My sister goes cycling with my dad. (usually)

2 I play rugby with my friends. (never)

3 Snowboarding is dangerous. (sometimes)

4 My friends do gymnastics after school. (often)

5 My grandparents play table tennis on Sundays. (always)

3 Put the words in the correct order to make questions.

0 do / play / often / you / baseball / ?

Do you often play baseball?

1 you / in the city / usually / go / cycling / do ?

3 you / go / often / do / snowboarding / how / ?

2 badminton / parents / play / often / do / your / ?

4 friends / your / rugby / school / do / play / sometimes / at / ?

5 do / go / always / sailing / you / in the summer / ?

4 Answer the questions in Exercise 3 for you.

0 No, I don't. I never play baseball.

1 _____

2 _____

3 _____

4 _____

5 _____

5 Correct the mistakes in the sentences.



0 At school, we usually play volleyball on Friday.

1 I go swimming always on a Sunday.

2 I often am tired in the evening.

3 People go sometimes cycling with their friends.

4 At the weekend, usually I do sports.

5 In the holidays, we go sometimes sailing.

8 In pairs, ask and answer the questions.

1 What sports do you do?

2 How often do you do them?

3 Do you play sports at school?

4 How often do you watch sports on TV?

5 How often do you go to watch sports?

6 Who are your favourite sports stars?

5 Complete Zaida's email with one word in each space.

1 Circle the correct option, A, B or C.

1 I play rugby five times a week. I play it.

A often **B** never **C** sometimes

2 We are good at gymnastics. We practise.

A always **B** sometimes **C** never

3 Alberto goes cycling. He goes once or twice a month.

A often **B** never **C** sometimes

4 My parents go out! They are always at home.

A often **B** never **C** usually

5 I go snowboarding at the weekend but not often.

A always **B** sometimes **C** never

6 We play tennis. We play on Sundays but not every weekend.

A never **B** always **C** often

	Reply	Forward
Subject:		
From:		
To:		
Date:		

Hi Billy,

I love outdoor sports. Every weekend I ¹ always play football and I often ² basketball but I ³ play table tennis or other indoor sports. They're boring! In the summer I usually ⁴ swimming. There's a swimming pool near my house. I also ⁵ play volleyball with my family. I've got a great ball! We sometimes go sailing but ⁶ never go surfing. In the winter we sometimes ⁷ snowboarding. We ⁸ often tired and go to bed early!

See you soon!

Zaida