SHOULD, MUST, OR HAVE TO? HEALTHY HABITS

Complete each sentence with "should", "must", or "have to".
Pay attention to the hints in each sentence.

1. My doctor recommends that I drink more water, so I _____ drink at least two liters every day.
2. At this gym, it is a rule that everyone _____ clean the equipment after using it.
3. If you want to have more energy during the day, you _____ eat a healthy breakfast.
4. My dentist told me I _____ wear a mouth guard while I sleep because I grind my teeth.
5. Your teacher says you look tired. She thinks you _____ go to bed earlier.
6. In this hospital, visitors _____ wash their hands before entering. It is mandatory.
7. My parents make me go for a walk every evening, so I _____ exercise after dinner.

8. If you want to stay healthy, you _____ eat more vegetables.
9. At summer camp, everyone _____ wear sunscreen before going outside. It is one of the camp rules.
10. My doctor gave me these pills, so I _____ take one every morning.
11. If you often have headaches, you _____ spend less time on your phone.
12. Students _____ bring a water bottle because the school requires it.
13. Nutrition experts say we _____ avoid eating too much fast food.
14. In this laboratory, you _____ wear protective glasses. No one is allowed to work without them.
15. I _____ wake up early every weekday because my job starts at 8:00 a.m.

LIVEWORKSHEETS