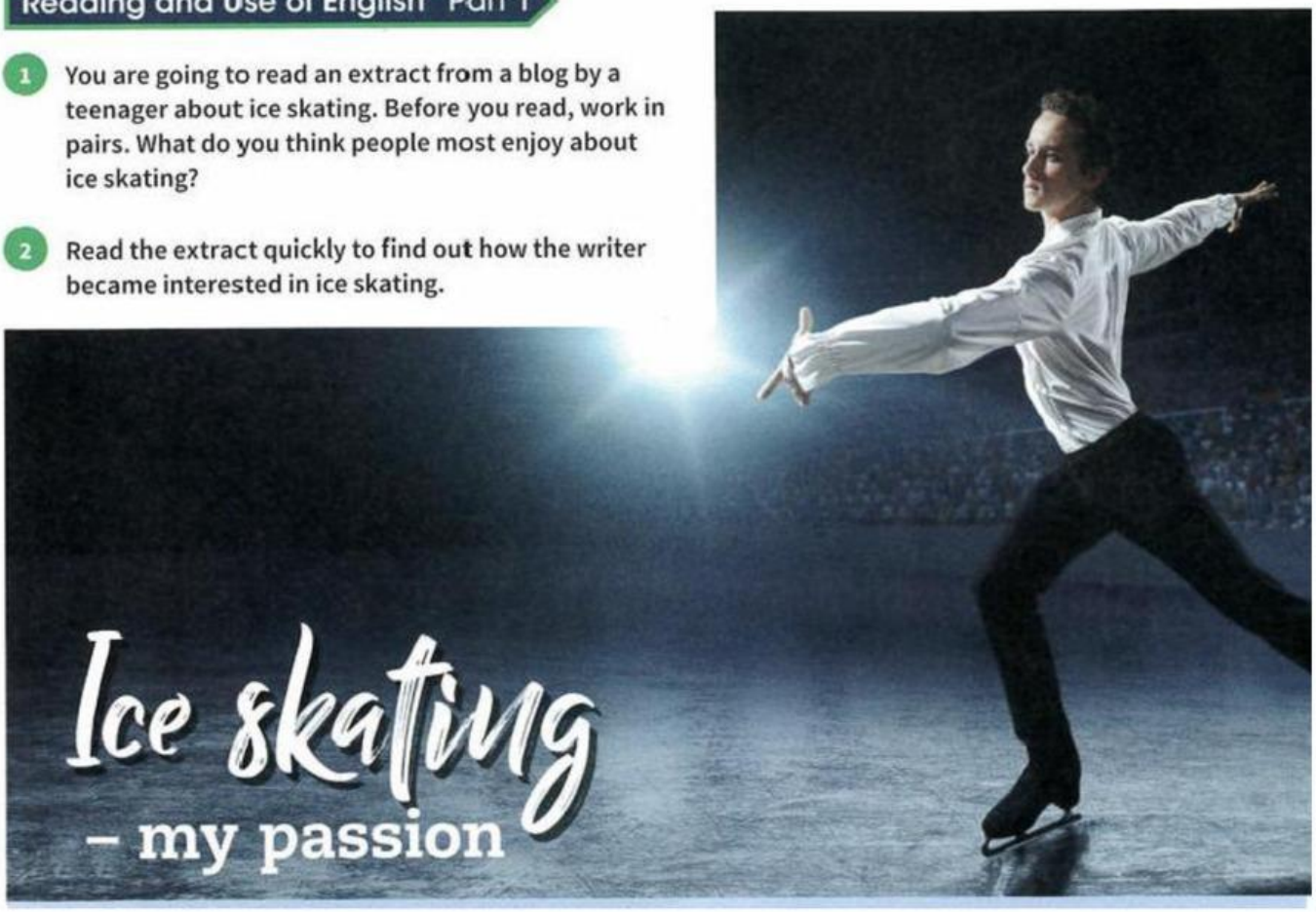
Reading and Use of English Part 1

1 You are going to read an extract from a blog by a teenager about ice skating. Before you read, work in pairs. What do you think people most enjoy about ice skating?

2 Read the extract quickly to find out how the writer became interested in ice skating.



I first (0) A ice skating when I was eight years old. I remember seeing a poster at my local leisure centre (1) ..... ice-skating lessons and begged my dad to (2) ..... me have a go. He agreed (3) ..... I promised not to break any bones, and the following week, I turned up at the ice rink for my first lesson. I remember feeling a bit unsteady at first, but I soon got used to the ice underneath my feet and was thrilled by the (4) ..... of sliding across the ice. Later, my instructor taught me how to do different turns and jumps. I was (5) ..... of falling at first, but I picked it up quite quickly and then it felt so exciting! I soon became much more confident about (6) ..... risks. Now I train at the ice rink twice a week and have taken part in several national contests. Next year, I am hoping to (7) ..... an international event in Switzerland. I have also kept the promise I (8) ..... to my dad – I have never fallen and injured myself while ice skating!

LIVEWORKSHEETS

Read the extract again and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

0	**A** took up	**B** played	**C** thought	**D** came
1	**A** taking	**B** advertising	**C** giving	**D** teaching
2	**A** allow	**B** let	**C** permit	**D** enable
3	**A** as long as	**B** as soon as	**C** as far as	**D** as much as
4	**A** emotion	**B** attention	**C** feeling	**D** touch
5	**A** worried	**B** alarmed	**C** anxious	**D** scared
6	**A** doing	**B** taking	**C** making	**D** having
7	**A** take	**B** make	**C** enter	**D** participate
8	**A** made	**B** did	**C** said	**D** told

LIVEWORKSHEETS

Vocabulary

Phrasal verbs and expressions

1 Match the phrasal verbs and expressions from the ice-skating blog (1–8) to their definitions (a–h).

1 take up (line 1)
2 have a go (line 3)
3 turn up (line 4)
4 get used to (line 5)
5 pick something up (line 7)
6 take risks (line 8)
7 take part in (line 9)
8 keep a promise (line 10)

a learn how to do something
b do what you said you would do
c be part of an event
d start doing an activity for the first time
e arrive
f try something
g do something even though something bad might happen because of it
h feel more comfortable in a new situation

LIVEWORKSHEETS

2 **Complete the sentences with a phrasal verb or expression from Exercise 1 in the correct form.**

1 I'd never do something like sky-diving because I don't enjoy ..... .

2 I found playing the violin difficult at first, but my teacher says that I am ..... really quickly.

3 Hans let me ..... on his new bike, and now I want to get one myself!

4 I didn't like my new haircut at first, but I am starting to ..... it.

5 When Diego finally ..... at the gym, it was almost closing time.

6 People won't trust you unless you can ..... and do what you say you're going to do.

7 I need to get more exercise, so I'm thinking of ..... jogging.

8 I really enjoyed ..... the school quiz even though our team didn't win.

9 I've never sung in a choir before, but I'll ..... if it's just for fun.

10 You don't need to bring any special equipment for the yoga class – just ..... on time.

LIVEWORKSHEETS