PRESENT SIMPLE
HEALTHY HABITS

Fill in the blanks with the Present Simple form of the verb in brackets.

1. Tom _____ (drink) a lot of water every day.
2. My sister _____ (eat) fruit for breakfast.
3. We _____ (walk) to school in the morning.
4. Anna _____ (go) to bed at 10 p.m.
5. They _____ (exercise) three times a week.
6. My father _____ (cook) healthy meals.
7. I _____ (brush) my teeth after every meal.
8. Lisa and Emma _____ (play) volleyball after school.
9. Jack _____ (sleep) eight hours every night.
10. You _____ (wash) your hands before lunch.
11. Ben _____ (ride) his bike in the park.
12. We _____ (eat) vegetables every day.
13. Maria _____ (do) yoga in the morning.
14. My friends _____ (avoid) sugary drinks.
15. I _____ (take) the stairs at school.
16. Sarah _____ (drink) milk with breakfast.
17. They _____ (run) in the park on Saturdays.
18. He _____ (have) a healthy snack in the afternoon.
19. We _____ (stretch) before exercise.
20. The teacher _____ (encourage) healthy habits.



LIVEWORKSHEETS