1 SPORTS AND GAMES



ABOUT YOU

Do you like basketball, football or tennis?
Which sport do you prefer?
Do you play any sports?

VOCABULARY AND READING

Sports

1 Match the pictures to the words. Then listen, check and repeat.

play baseball | play badminton | go snowboarding
do athletics | play hockey | go skating | go sailing
play rugby | play table tennis | do gymnastics
go cycling | play volleyball | go surfing

Listen and check. Then repeat.



LIVEWORKSHEETS

PRONUNCIATION /eɪ/ and /aɪ/

3 Put the words into the correct column.

baseball bike fly play riding skating

/eɪ/ sailing		/aɪ/ cycling	

09 Listen and check. Then repeat.



4 Read Sophie's and Ben's blogs. Who does their sport every week? Who can't do their sport where they live?

TEENBLOG: SPORT

Post about you and your sport here.

It's fun!

My sport is … rugby! That's me in the photo. People think that rugby is for boys, but that's not true. More than 18,000 women and girls play rugby in England. My team always plays a match on Saturday or Sunday, and I usually go to practice games three times a week. It's hard work, but it's never boring! I'm 14 and I play for the U15s. That's the team for players under the age of 15. When I'm older, I want to go to the rugby summer camp at Loughborough University. My favourite player, Fran Matthews, went there and now she plays for the England national rugby team.

Posted by **Sophie White**



Goofy-foot or regular?

I love the snow and the mountains. I feel at home there. I live in a city and there's no snow here, but in the holidays, I always go to the mountains with my family. I sometimes go snowboarding with Mum, but I often go with my little sister and other young people. Mum usually skis with my dad, and my sister and I like spending more time in the snow than they do. It's usually quiet. When we're in the mountains, I go snowboarding every day and I'm getting really good. I often think about the future – I want to be a famous snowboarder one day, like Max Parrot. Oh, and I'm *goofy-foot* – that means I put my right foot at the front of the board.

Posted by **Ben James**



5 Read about Sophie and Ben again and answer the questions.

1 How many women and girls do Sophie's sport?

2 What does Sophie do at the weekend?

3 What does Sophie want to do at Loughborough University?

4 Where does Ben prefer to be?

5 Why does Ben go snowboarding every day?

6 Ben says he's 'goofy-foot'. What does 'goofy-foot' mean?

LIVEWORKSHEETS

2 Complete the table with the sports in Exercise 1.

athletics badminton baseball cycling gymnastics hockey ~~rugby~~
sailing skating snowboarding surfing table tennis volleyball

play	go	do

3 Choose the correct verbs to complete the sentences.

0 My sister *plays* / *goes* volleyball at the weekend.

1 My friends John and Toby *play* / *go* sailing in the summer.

2 We *go* / *do* athletics in the evening.

3 My brother *plays* / *goes* hockey on Sundays.

4 I don't *play* / *go* table tennis with my friends.

5 Do you *play* / *go* snowboarding alone?

LIVEWORKSHEETS