

1 VOCABULARY: Succeeding

A Complete the sentences with the words in the box and the correct prepositions (*at, out, over, or up*).

figure get give give keep set stand work work

- 1 My economics class is really hard, but I don't want to give up yet. I know I can do better.
- 2 If you keep writing well, you'll get better at it.
- 3 You're doing a great job. stand the good work.
- 4 I don't stay mad. I figure things quickly.
- 5 I set. Learning how to code is too hard. I can't do it.
- 6 My laptop isn't working, and I can't figure out what's wrong.
- 7 I want to start my own business as soon as I graduate from college.
- 8 This job opportunity didn't work out, but don't worry. You have three more interviews this month.
- 9 People notice at work when they work hard to achieve big goals. Colleagues notice them.

2 GRAMMAR: Present and future unreal conditionals

A Match the sentence halves.

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| 1 If it were nice outside, | <u>d</u> | a if her company allowed it. |
| 2 If I had to choose a place to go for dinner, | <u>g</u> | b if you met her. |
| 3 You would like my friend Sarah | <u>e</u> | c I would visit my sister more often. |
| 4 I would be happier with my job | <u>f</u> | d I wouldn't have to wear this big coat. |
| 5 If I had a car, | <u>a</u> | e he would study architecture. |
| 6 Michael would start his own business | <u>b</u> | f they would buy a condo by the beach. |
| 7 Cynthia would join the gym nearby | <u>c</u> | g if he had more startup money. |
| 8 If David went back to school, | <u>h</u> | h I would pick a Vietnamese restaurant. |
| 9 If Vince and Mary sold their house, | <u>i</u> | i if the membership weren't so expensive. |
| 10 Michelle would work from home | <u>j</u> | j if it weren't so far away. |

2 LISTENING

A  11.01 Listen to the podcast. Complete the sentences.

- 1 The speakers are both neuroscientists.
- 2 Helping others can have positive effects on our brains.
- 3 It can produce chemicals that improve memory.
- 4 These chemicals make us want to help others.
- 5 Helping people can reduce stress.