

Home



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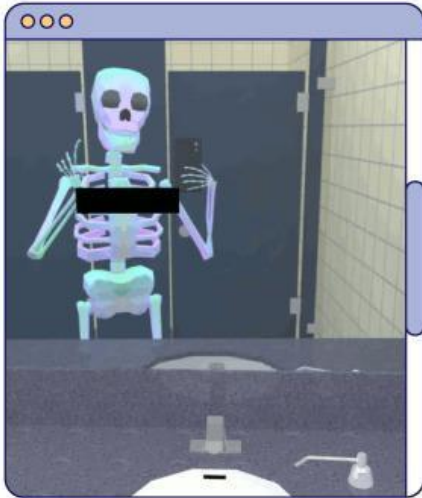
All about: Sexting



Start



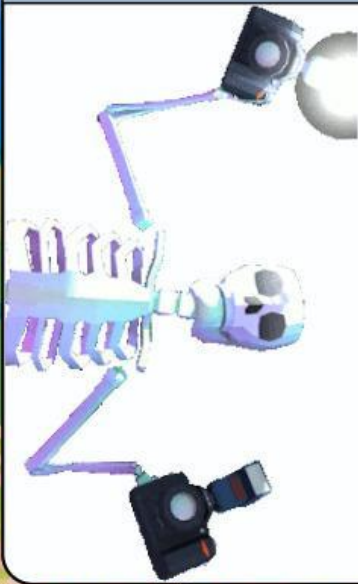
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What is “sexting”?

Sexting is when someone **shares very private photos, videos, or messages** with another person **through the internet or social media**. Teenagers and adults can take part in sexting.

Okay



When does it become a problem?

Sexting can be dangerous when:

- Private photos or videos are shared **without permission.**
- An **adult** asks a **child** for **private pictures.**
- Someone feels **uncomfortable, pressured, or forced** to send something.

Cancel

What can
we do if
it
became a
problem?



- **Tell a trusted adult**, such as a parent, teacher, or school counselor.
- **Do not share** the photos or videos with other people.
- **Block and report** the person if they are making you feel uncomfortable.
- **Ask for help** if you feel scared, worried, or pressured.

Okay



- Do not take away their phone or internet access; they need support and communication.
- Remind them that this situation does not define their value or self-esteem.
- Ask teachers, school staff, or other trusted adults for help if needed.
- Consider legal action if the situation is serious.

What should we do if a private photo of a child or teenager has been shared?

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- Stay calm and listen without blaming them.
- Make sure they feel supported and safe.
- Find out what happened and check if the photo is still online.
- Ask the person who shared the photo to delete it.
- Save evidence, such as messages or screenshots.
- Report the content on social media platforms.



Conclusion

Online safety is **everyone's responsibility**. We should respect privacy, never share private images without permission, and always seek help from trusted adults when needed. **Being careful online helps keep everyone safe.**

Okay





And as Eleanor Roosevelt said...



"No one can
make you feel
inferior
without your
consent."

Okay

