

**Think**

Small habits today, big changes tomorrow.

# PRESENT SIMPLE

EVERYDAY HABITS, ROUTINES AND GENERAL TRUTHS

We use the Present Simple to talk about habits, routines, general truths and permanent situations.

Simplicity is the key to fluency.

**USES**

- Daily habits and routines**  
I go to the gym every day.
- General truths**  
Water boils at 100°C.
- Likes and preferences**  
I love coffee.
- Schedules and programs**  
The class starts at 8 a.m.

**STRUCTURE**

+	-	?
AFFIRMATIVE	NEGATIVE	INTERROGATIVE
Subject + Verb (base form)	Subject + don't / doesn't + Verb (base form)	Do / Does + Subject + Verb (base form)
I play football. She works hard. They live in Colombia.	I don't like meat. She doesn't watch TV. They don't study on Sundays.	Do you speak English? Does she go to the gym? Do they live near here?

**KEY POINTS**

- We add -s / -es in the third person singular (he / she / it).
- Use do / does only in questions and negative sentences.
- It is the base for many other tenses.
- Practice every day and your English will grow!

**EXAMPLES IN CONTEXT**

- I drink coffee every morning. (Habit)
- The sun rises in the east. (General truth)
- He listens to music in his free time. (Preference)
- The bus arrives at 7:30 a.m. (Schedule)

**SPELLING RULES**

- In third person singular (he / she / it), add -s or -es.  
He plays She watches It goes
- Verbs ending in: -s, -sh, -ch, -x, -o → add -es  
watches goes fixes
- Verbs ending in consonant + y → change y to i + -es  
study → studies fly → flies
- Most verbs → just add -s  
play → plays like → likes

**FREQUENCY EXPRESSIONS**

• always (always)	100%
• usually (usually)	75%
• often (often)	50%
• sometimes (sometimes)	25%
• rarely (rarely)	10%
• never (never)	0%

★ I always study in the morning.

**TIPS TO REMEMBER**

- The verb always goes in base form.
- Use do / does only in questions.
- Practice every day with short sentences.
- Consistency leads to fluency!

You can do it!

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## Unscramble the Words

**Instructions:** Arrange the words to make correct sentences in the **Present Simple**.

1. every / coffee / drinks / morning / she

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2. play / weekends / football / they / on

○ \_\_\_\_\_

3. school / goes / to / he / by / bus

○ \_\_\_\_\_

4. english / speaks / my / teacher / very / well

○ \_\_\_\_\_

5. usually / dinner / we / at / 7 p.m. / have

○ \_\_\_\_\_

6. the / rises / east / sun / in / the

○ \_\_\_\_\_

7. music / listens / to / she / every / day

○ \_\_\_\_\_

8. homework / after / I / do / school / my

○ \_\_\_\_\_

9. works / hospital / a / in / father / my

○ \_\_\_\_\_

10. always / students / arrive / on / time / the

○ \_\_\_\_\_